

# EAST GRAFTON CORONATION HALL - WEEKLY CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
0900					
0930		<b>Zumba (0930-1000)</b>			<b>Pilates (0930-1000)</b>
1000		Joanna Bury 07710 115324	<b>Circuits &amp; Fitness (0915-1015)</b>	<b>Grafton Goslings (1000-1130)</b>	Tracey Rich - 07769 580148
1030			Hen Mackinnon - 01672 810266	Baby & Toddler Group	
1100	<b>Yoga (1100-1230)</b>			<a href="mailto:graftongoslings@yahoo.co.uk">graftongoslings@yahoo.co.uk</a>	<b>Pilates (1045-1145)</b>
1130	Lizzy Hawnt				Tracey Rich - 07769 580148
1200	01672 841553				
1230					
1300	<b>Alzheimers Café (1315-1545)</b>				
1330	First Monday every Month				
1400					
1430					
1500					
1530			<b>CAP Dance &amp; Fitness (1530-1900)</b>		
1600			Various classes, all ages		
1630			Charlotte Price	<b>CAP Dance &amp; Fitness (1715-1845)</b>	<b>Karate (1630-1730)</b>
1700			07746 479345	Charlotte Price	Darren Pettifer 07775 510143
1730				07746 479345	
1800					
1830					
1900	<b>Parish Council Meetings (1915-2100)</b>				
1930	Bi-Monthly	<b>Yoga (1930-2100)</b>			
2000		Lizzy Hawnt			
2030		01672 841553			
2100					