

**COMMUNITY NEWS**



**A very festive December - a welcome change after all the restrictions  
Thanks to all those residents of the Parish, friends and families who supported the activities which were organised so brilliantly in the lead-up to Christmas**

A resounding thank you and cheer for all those who created the entertainment

The Wilton Christmas Lights were truly magical, thanks to Dougie Wilcox from Quackers and his extensive team of helpers. This was accompanied by a visit from Father Christmas, who distributed gifts to the children, copious quantities of hot dogs and liquid refreshments.

Winter Warmers Christmas lunch was, as always, brilliantly provided by Liz Hosier. Volunteers did much to make the meal run smoothly and the excellent food, community spirit and chance to get together again after all this time was much appreciated.

Carols by Candlelight on the Green was overseen by Annie Whitcher and provided an hour's Christmas cheer on a cold winter's evening. Gabby Walker, gloves/mittens/scarves in place, played the organ brilliantly and Nick Evans encouraged everyone to "sing-along". The mulled wine and sausage rolls were prepared by the Youth Croup and ran out very quickly because the wonderful support quite overwhelmed the catering numbers! Thank you Elaine at Tylia Cottage for your support, electricity and tolerance during these Community Events.

Father Christmas delighted all who lined his route through the Parish on Christmas Eve. All those who joined the hard working elves to get ready for the trip are much appreciated. Thank you to everyone at The Swan for making sure that Christmas morning is very special too.

Finally, after closures due to Covid and then problems with the ceiling, St Nicholas' Church opened its doors on Christmas morning to welcome everyone to join in the celebrations in a packed church once again.



**The Platinum Jubilee BIG Lunch and Celebrations is set for the weekend of 4 & 5 June  
Put the dates in your diary, and share your ideas whilst planning is underway!**

The Parish Council is collating thoughts to celebrate the Queen's Platinum Jubilee in Grafton Parish's unique style, involving all parts of the community, all ages and the different community groups and clubs.

Ideas from a giant picnic on the green, team games, Jubilee tipples to Grafton's own Royal Platinum Pudding competition, engaging young people in decorating the Parish to reflect the last 70 Years... and many more. Let us know what you would like to see happen, if you have any skills or talents you can contribute or if you would like to volunteer your help. If you are a local business, maybe there is an opportunity for you to offer support.

Help make it a summer to remember. Whatever comes to mind let us know at [news@graftonparish.com](mailto:news@graftonparish.com). Lots more details will follow in February issue. Watch this space ...

*The Parish Council will be leading this event in conjunction with St Nicholas' Church and Coronation Hall*

**Grafton Parish Road Safety**

Over the past couple of years the Parish Council has championed and invested in a number of measures to improve road safety - including "village" gates on the A338 and additional road-markings with red cat's eyes at the pinch points, Speed Indicator Devices (SIDs) on the A338 and in Wilton, reducing the speed limit in Marten to 40mph, Community Speedwatch and constant communication with the roadways authorities.

At the January Parish Council meeting the most recent SID data for East Grafton was reviewed and residents will be pleased to know that the easterly SID (Hungerford Road) shows that the average recorded speed was 26.45mph, with just 0.5% of vehicles being over the speed limit. Frustratingly, the results from the westerly SID (Grafton Place) are significantly worse - 20% of vehicles were over the speed limit, with the maximum speed recorded of 65mph! Parish Councillors have committed to following up with the Police and with Wiltshire Council to request more support for traffic enforcement and additional interventions to improve road safety.



We understand that residents across the Parish (not just in East Grafton) have concerns about traffic - if you would like to get involved with Community Speedwatch or for more information please about road safety issues email [clerk@graftonparish.com](mailto:clerk@graftonparish.com)

**Contact details and general local information** Anyone new to the Parish may be helped by referencing [www.graftonparish.com](http://www.graftonparish.com) where you can find most previous issues of the Community News to find our more about what goes on in our area. Why not have a browse on a cold winter's evening?



**WE ARE LOOKING FOR  
LOVELY PEOPLE  
TO JOIN OUR TEAM**

Few jobs have such genuine impact as childcare. Work with our fabulous team and wonderful families. Smile and laugh more.

You may have experience and childcare qualifications. Or maybe not. You may be looking for a long-term commitment. Or maybe short-term.

Let's talk - we might be perfect for each other.

Team happiness matters to us and we work hard to be a good employer. Get in touch for a chat - call 01672 810478 or email [admin@sunflowers-grafton.co.uk](mailto:admin@sunflowers-grafton.co.uk)



### If you have concerns regarding a pothole in the road...

Potholes should be reported by as many people as possible to ensure that they are repaired. Please take a few minutes to report any that you find in the Parish.

The website to report road problems is [my.wiltshire.gov.uk](http://my.wiltshire.gov.uk)

Report It	Roads, pavements and footpaths
Abandoned vehicles >	Bus shelter (lighting)
Benefits	Bus shelter (other issues)
Empty homes	Flooding
Fraud	Materials on road
Parking >	Pavements or kerbs
Play areas	Pothole
<b>Roads, pavements and footpaths &gt;</b>	Public rights of way
	Road drains or manholes



### Our Doctor writes ... New Year, New You

The practice of making a resolution for the new year began over 4000 years ago when the ancient Babylonians would make promises to the gods they worshipped. The commonest resolutions are to get fit, do more exercise, lose weight, stop smoking, eat healthily, save money and get organised. Sadly, research shows that up to 80-percent of New Year's resolutions fail by mid-February. Reasons why? Because the resolution is not specific enough, you cannot measure progress, no time limit is made and you are going it alone. So instead of making a resolution, set yourself a goal - a positive statement of what you want to achieve. If you want to stop smoking you could set yourself a goal of reducing the number of cigarettes you smoke by 1 a week and stop by the 1st of June. But you don't need to go it alone. Make an appointment with the Stop Smoking nurse at your practice. If you would like to get fit, do more exercise and lose weight all at the same time join a Parkrun. This is a free 5k event which happens all over the world on Saturday mornings at 9am. Marlborough Common Parkrun is friendly and fun. Your goal could be to run all the way in 2 months and then to knock a few seconds off your time each week. I am there most Saturday mornings with 70 to 100 others, who are walking or running, with or without their children and their dogs. So again, you won't have to go it alone. If you would like to get fit or lose weight you can make an appointment with your GP or practice nurse for help and advice and have a referral to a fitness or weight loss programme.

Or maybe try something completely different this year. Make a list which contains all the activities and events you are excited about happening in the next twelve months. They can be big or small, from a holiday or graduation to a new film or book that will be released. The benefits of creating such a list are scientifically proven. A study showed that anticipation is such a strong feeling; people are happier in anticipation of a holiday than remembering the actual experience. Dopamine stimulation happens when we experience and expect good things. Anticipating positive events sustains the output of dopamine into the brain's chemical pathways. Anticipation is the stepping stone to hope. And hope is something we all seem to need at this time!

Another approach is to try self-reflection. Studies show this can strengthen our emotional intelligence, making it easier for us to cope with life's challenges. You can start by asking yourself some simple questions. What things matter the most to me? What are my greatest strengths, and how can I build on them? How do I want people to remember me? What am I grateful for? What habits can I improve on? I tried this a few years ago. I love to be outdoors especially in my garden and I wanted to volunteer and give back to the community. Consequently, I am a volunteer for Wiltshire Wildlife. I try to join a project once a month and I love being part of the team. I have met some incredible people and know so much more about nature and conservation. If you walk through the Ham Hill nature reserve you will climb steps that I helped to build.

For the ancient Babylonians, the start of the new year began in mid-March, after the first moon of the spring equinox. It is never too late in the year to make changes to your life. The most important aspect is that you are ready to.

Happy New Year. Take care, stay safe  
Dr Angela Paddon and the team at The Old School Surgery.

## Timmy B Yoga

### Coronation Hall East Grafton

Regular weekly classes

Tues 7.00pm - 8.15pm

Wed 9.30am - 10.45am

Chair Yoga – Thursday 3.00pm



### New Class at Pewsey Rugby Club

Thursdays 6.30pm

BOOKINGS ON WEBSITE:

[www.timmybyoga.co.uk](http://www.timmybyoga.co.uk)

[info@timmybyoga.co.uk](mailto:info@timmybyoga.co.uk)

Facebook - @timmybyoga

## MANNINGFORD CROFT MACLAINE

Your Local Property Sales & Lettings  
Specialists

1 High Street, Pewsey, SN9 5AF  
01672 564555

[www.manningfordcroft.co.uk](http://www.manningfordcroft.co.uk)

printimage  
DESIGN & PRINT

New Year-New Workwear  
Embroidery and Print on all  
types of garments



01672 515 444

[design@print-image.co.uk](mailto:design@print-image.co.uk)

[www.print-image.co.uk](http://www.print-image.co.uk)





Dear Readers, **Happy New Year to You All**

I can't know what sort of Christmas you have had at the time of writing this letter. I know you will have faced more of the same sort of challenge as 2020. You will be looking back at my today, when new restrictions have been implemented.

This Sunday has a wonderful reading from Philippians in the services, which sums up the enduring spirit that we need to have as we move into the future.

*Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.*

We need to be joyful. Not because many in the world are worse off than we are, but because no matter what our situation is, last year will have brought graces and the year we are starting will bring fresh graces. How we are remembered is so important. Bullies, misogynists, big heads, gloaters are only remembered with pain, pity or resentment. Kindness and generosity are remembered with joy and change people's lives for the good and forever. The little acts of random kindness that make a dark moment light.

At a funeral years ago, we played the song, 'Don't worry, be happy.' Worrying prevents happiness. Recently I have been graced by a number of people who spoke about their worries. Graced because I could see the first steps on the return to happiness. With the return to happiness comes also the return to peace.

Every Blessing in the New Year, Michael

The Vicarage, Church Street, Great Bedwyn, Marlborough SN8 3PF  
Tel: 01672 870779 mtmch@hotmail.com

#### For help and information

Link Scheme	0771 7006787	
NHS	General 111/Covid 119	
Police emergency	999 or 112 - information 101	
Member of Parliament	Danny Kruger	01380 729358
County Councillor	Stuart Wheeler	01672 810285

#### Community Contacts

Church flowers/cleaning	Liz Hosier 01264 731242
Vicar, M. McHugh	01672 870779
Community News	news@graftonparish.com
Coronation Hall	07479 281809 or 01672 216115 hall@graftonparish.com
Junior Cricket	pdewinton@savills.com
Parish Council	clerk@graftonparish.com
PCC Secretary	Millie Lemon 01672 870266
St Nicholas' services	www.savernaketeam.org.uk
Winter Warmers	01264 731242 liz@wexcombefarm.co.uk
Youth Activities	Text Annie 07802923344

#### Adie Cripps Chimney Sweep

Fully insured and certificate of sweep issued

Chimney swept  
CCTV Inspections  
Cows Fitted  
Bird nest removal

T. 01672 512 438  
M. 07557 472 541  
E. adie.cripps55@gmail.com  
@adiesweep  
Adie Cripps Chimney Sweep

Clean Friendly and Reliable



#### A338 will be closed by West Grafton Lane on 14 February

General traffic will be diverted along the A4 but be aware that you may need to take a detour locally to get to Burbage roundabout from East Grafton on that day!

#### THE STABLES AT MANOR FARM

*Self catering accomodation near Marlborough, Wiltshire*

Two beautiful self catering holiday cottages in East Grafton. Perfect for holidays and short breaks or ideal extra space for visiting friends and family.

www.thestablesbreaks.com  
pipmanorfarm@btconnect.com  
01672 810735 or 07884 453300



#### Gourmet mushrooms grown in East Grafton.

Varieties include Pearl, Blue/grey, King oyster, Lions Mane and Cinnamon caps. Varieties vary with season.

Fresh and dried mushrooms available with local delivery.

Great flavour, texture and highly nutritious.

E-mail: [mushroomculture@outlook.com](mailto:mushroomculture@outlook.com)

Phone Harry Allen **07500423151**



**MUSHROOM CULTURE**



Neck pain, bad back, painful shoulder, twisted your knee, sprained ankle want to move better to stay fit and active....

We can help you!

Friendly trusted knowledgeable professionals in physiotherapy, soft tissue and sports massage therapy and movement rehab with pilates

Tel: **07958 599716** email: [info@amandamarshphysiotherapy.co.uk](mailto:info@amandamarshphysiotherapy.co.uk)  
Marlborough Golf Club and Whitehorse CrossFit Gym

[www.amandamarshphysiotherapy.co.uk](http://www.amandamarshphysiotherapy.co.uk)

**BOOK ONLINE!**

## DOG GROOMING

*by Victoria*

**Victoria Lewis: 07786 868 192 | 01264 731408**

No. 5 Basset Cottage, Wexcombe, Marlborough, SN8 3SQ  
[www.doggroomingbyvictoria.co.uk](http://www.doggroomingbyvictoria.co.uk) [victoria@doggroomingbyvictoria.co.uk](mailto:victoria@doggroomingbyvictoria.co.uk)



Delicatessen, Fine Wines & Gourmet Hampers

#### The Gastro Wheels are still turning!



- Fresh Fish & Seafood arrives each Thursday & Friday and can be prepared to your requirements by Nick. Sign up to our e-mail Fish List to receive advance information & place an order for collection

**We are currently open Tuesday - Friday 9:30 to 5:00**

**and Saturday 10:00 to 4:00.**

[www.gastronicks.co.uk](http://www.gastronicks.co.uk) 01264 852701 [enquiries@gastronicks.co.uk](mailto:enquiries@gastronicks.co.uk)

4 Garlands Estate, Cadley Rd, Collingbourne Ducis, SN8 3EB

### Dates for your diary

All events take place in the Coronation Hall unless otherwise specified. *St N* refers to St Nicholas' Church.

FEBRUARY		
01	12.30	Winter Warmers
06	11.00	Holy Communion <i>St N</i>
07	18.00	Parish Council planning <i>Wilton Manor Barn</i>
14	24hrs	A338 closure at West Grafton Lane
25	24.00	Community News closing date
MARCH		
01	12.30	Winter Warmers
06	11.00	Holy Communion <i>St N</i>
07	19.30	Parish Council meeting

### Grafton Parish Council response teams

Parish food bank	Kevin Burke	07713 067113
East Grafton	Kevin Burke	07713 067113
Marten	Richard Pash	07795 636767
West Grafton	Annie Whitcher	07802 923344
Wexcombe	George Hosier	07786 332950
Wilton	David Lemon	07974 400224

### Local Clubs

Windmill Society	secretary@wiltonwindmill.co.uk
Horticultural Society	01672 810364 Marijke Craig
Crofton Beam Engines	crofton@katrust.org.uk
Grafton Goslings Baby & Toddler Group	graftongoslings@yahoo.co.uk
Dance classes	07746 479345 Charlotte Price
Pilates	07769 580148 Tracey Rich
Yoga for All	07747 780898 Tim Brew
Zumba	07710 115324 Joanna Bury

**Community News Closing dates** Our closing date is always the last Friday in the month and issues distributed by volunteers over the following weekend or within the next few days (thank you all). If you are publishing an event, advert or comment please be aware of the calendar period covered by each issue.

**To book the Hall: email [hall@graftonparish.com](mailto:hall@graftonparish.com) or call 01672 216115 or 07479 281809**

### Calendar of regular dates at the Coronation Hall

Monday	Pilates	09.30
Monday (weekly in term-time)	Dance	16.45
Tuesday (weekly in term-time)	Zumba	09.30
Tuesday (weekly in term-time)	Dance	16.15
Tuesday	TimmyB Yoga	19.00
Wednesday	TimmyB Yoga	09.30
Wednesday (weekly in term-time)	Dance	15.30
Thursday (weekly in term time)	Grafton Goslings	10.00
Thursday	Pilates	13.30
Thursday	TimmyB Chair Yoga	15.00
Thursday (weekly in term-time)	Dance	16.45
Monday (1st & 3rd in month)	Alzheimer's Cafe	13.15
Tuesday (1st in month)	Winter Warmers	12.30



Like our Facebook page [www.facebook.com/GraftonParishCommunityNews](http://www.facebook.com/GraftonParishCommunityNews) or follow us on Twitter [www.twitter.com/graftonparish](http://www.twitter.com/graftonparish).

Deadline for the next issue Friday 25 February 2022

## CLARIDGE

### Funeral Service

*Friendly Independent family funeral directors,  
Available 24 hours a day, all year round*

**01672 511836**

**Parade Mews, The Parade, Marlborough, SN8 1NE**  
[www.claridgefuneralservice.co.uk](http://www.claridgefuneralservice.co.uk)  
[daniel@claridgefuneralservice.co.uk](mailto:daniel@claridgefuneralservice.co.uk)

### David Willcocks

Repairs to Double-Glazed windows, doors and conservatories, sealed-units, hinges, handles, locks, letterboxes, leaking conservatory roofs, doors and windows that will not open or close properly.

**Tel. 01672 811979 Mob 07966 216629**

e-mail [david.willcocks566@gmail.com](mailto:david.willcocks566@gmail.com)

[www.davidwillcocks.com](http://www.davidwillcocks.com)



### Do you need help with your pet?

Whether you are out working, feeling under the weather or have other pressing issues, I am on hand to help you out. I am fully insured, first aid trained and D.B.S. checked and ready to assist with dog walking or a home visit for your pet or to house sit.

WAGTAILS.VIP

(Very Important Pet)

Please call or text Debbie to find out more

**07909 996639**

### White Mulberry Soft Furnishings

Hand-made roman blinds and curtains. Curtain alterations  
Made to measure wooden venetian and roller blinds  
Co-ordinating cushions, pelmets and tiebacks

[www.whitemulberry.co.uk](http://www.whitemulberry.co.uk) for a free quotation

Please contact Ceri Cliss on **07780 688566**

or email [info@whitemulberry.co.uk](mailto:info@whitemulberry.co.uk)

### Footsteps Podiatry Services 07881802386

Please call to arrange an appointment for all aspects of chiropody or podiatric footcare required.

Clinic based in Tidworth Leisure Centre with free parking

**Nailcare, Verrucae,  
Nail Surgery, Biomechanics,  
Dermal Filler,  
Chiropody/Podiatry**



### Jason Lewis Carpenter Carpentry & Maintenance

All building work undertaken, painting, tiling, all types of locks, kitchens, home improvements, plastic doors & windows, general maintenance.

References available on request.

**07990 512342 [Jasonlewis08@aol.com](mailto:Jasonlewis08@aol.com)**

**Village WhatsApp groups** - Text or WhatsApp to join: East Grafton (Tamara 07711 824864), West Grafton (Annie 07802 923344), Marten (Richard Pash 07795 636767), Wexcombe (George 07786 332950), Wilton (Tara 07833 320951). New to What's App? We can help - just get in touch.

Printed by RIDGEWAY PRESS [www.ridgewaypress.co.uk](http://www.ridgewaypress.co.uk)

Email [info@ridgewaypress.co.uk](mailto:info@ridgewaypress.co.uk) Tel 01256 300420

**Advertising rates per issue:** 1/12 page £5.50, 1/6 page £11, 1/4 page £16.50

Email [news@graftonparish.com](mailto:news@graftonparish.com) - Editorial rights reserved