

## COMMUNITY NEWS

**Community Spirit**

We are very fortunate that Grafton Parish continues to benefit from extraordinary community spirit and collaboration – preparing Sunflowers for its opening, clearing the Churchyard, teams of people looking after our defibrillators, running our Speedwatch scheme and managing the Coronation Hall – and many more examples besides. It's no surprise therefore that there is lots going on in the run up to Christmas: shopping at the Souk, drinks in support of Help for Heroes, Wilton Windmill AGM, the Zumba Party and Hall decorating ready for the annual bonanza which is the Parish Community Christmas Party – all opportunities to have fun, get together and enjoy the community spirit – you can't bottle that!

**You can make a difference - this is how to do it**

Development and changes in our parish will be significantly influenced by what we collectively agree and submit to Wiltshire Council as the benchmark for what we want in our parish. Grafton Parish Council is establishing a working group to form the basis for the Neighbourhood Plan (central to the Localism Bill). To ensure that we are able to reflect the views of the Parish in preparing this plan we are looking for volunteers from all the villages to be part of a team of up to 10 to work on this project. If you would like register your interest to be part of this group please send an email to [clerk@graftonparish.com](mailto:clerk@graftonparish.com). You can see our current approved Village Design Statement at [www.graftonparish.com](http://www.graftonparish.com)

**SHALBOURNE HAM & GRAFTON CONSERVATIVE ASSOCIATION**

FUNDRAISING  
IN SUPPORT OF  
**HELP for  
HEROES**

**Pre-Christmas Drinks & Food Fair**

At Coronation Hall, East Grafton, SN8 3DB  
Friday 2<sup>nd</sup> December 2011

6:30pm until 8:30 pm



Come  
&  
Meet



**MP Claire Perry & European MP Julie Girling**

Tickets £10

(including food tastings, refreshments, wine & soft drinks)

*Admission by ticket only*

Apply for tickets from:

Barnaby Smith, The Grove, Kingston Road, Shalbourne, Near Marlborough, Wiltshire. SN8 3QD

E-mail: [barnabysmith@hawthorncapital.co.uk](mailto:barnabysmith@hawthorncapital.co.uk) Tel: 07802 338199

**50% of all proceeds from the evening will be donated to Help for Heroes**

TRAVELLING  
**SOUK**

*The A-Z of Chic Boutiques*



*An invitation to shop at...*

**The Coronation Hall, East Grafton,  
Marlborough SN8 3DB**

*Preview shopping day with drinks and treats*

**Wed 23rd Nov, 3.00pm - 8.30pm**

*All day brasserie by Susie Anderson*

**Thurs 24th Nov, 9.30am - 3.30pm**

*In support of*

**Jo's Cervical Cancer Trust**

Charity Reg no. 1133542

FOR ADMISSION PRICES AND INFO PLEASE VISIT  
[www.thetravellingsouk.com](http://www.thetravellingsouk.com)

or call **01865 821835**

Pre-book tickets for discounts and fast-track entry.

For an additional 10% discount off tickets quote ref TS 002 when booking.

**Stir up Sunday 20 November**

Stir-up Sunday is the traditional day to make your Christmas pudding and make a wish whilst stirring it.

This year, 'Stir-up Sunday' falls on Sunday 20 November. Alan Deboo will be conducting the family service at 11am in the Coronation Hall and after the service, at about 11.30am, everyone will be invited to help make and stir the pudding mixture under the tuition and watchful eye of a local chef.

If you would like to take your pudding away please bring along your own pudding basin and a donation towards the costs of the ingredients.

The extra puddings will be sold at the

**St. Nicholas Fair Saturday 3 December**

**at the Coronation Hall 10am – 12noon**

Various stalls: Christmas gifts

Christmas puddings

Coffees and cakes/mince pies

Children's Christmas activities

**Parish Council retirements**

Peter Lemon has retired after more than 20 years' sterling service to the community as a Councillor, Chairman, as principal motivator for the new Coronation Hall and much much more. Crash Evans has also retired after years of very efficient contributions to the Council as lengthsman and police coordinator. We are now inviting applications for two new Parish Councillors. Please email [clerk@graftonparish.com](mailto:clerk@graftonparish.com) if you would like to know more and/or are interested in joining the Parish Council. Undoubtedly there will be increased involvement in what our Parish looks like and what services we need in the future so now might be the right time to get involved if you have time for 6 meetings a year.

## Our Doctor Writes

I'm often asked whether there is anything that can be done to change the natural history of wear and tear (osteo) arthritis. The three contenders that come from pharmacists or from health food shops are glucosamine, fish and rosehip extracts. Studies have been carried out looking at glucosamine and it was certainly found to be safe. It was also found to have a great placebo effect. It has not been shown to be of much reproducible direct benefit in multiple studies and this is why the NHS won't pay for it. Fish oils have their place and have been shown to help with heart attacks and cholesterol but joints are another story (or a lack of another story come to think of it!). Rosehips contain an anti inflammatory galactolipid – GOPO. This has indeed been shown to be helpful in rheumatoid and osteo-arthritis. But the compound needs to be extracted at low temperature and in low light to preserve it and I am not sure if this is how it is done by high street manufacturers. It maybe worth a try, but it isn't available on prescription.

Best wishes, Dr Tim Ballard

### News in brief

#### **Wiltshire Community**

A community bank scheme has been launched in Wiltshire which will provide people with a range of useful financial services, which include affordable credit, savings, standard loans and budgeting. Community Banks are non-profit making co-operatives, where members pool their savings to lend to one another at minimum interest and help to run the credit union in a not-for profit way. In order to join the Wiltshire Community Bank people must live or work in Wiltshire and will be required to pay a lifelong joining fee of £2. Once a member, people can start saving as much as they can afford from £1 up to a maximum of £10,000. All savings are secure and protected by the Financial Services Compensation Scheme.

For more information see [www.wiltshire.gov.uk](http://www.wiltshire.gov.uk) or call **01249 248323**.

#### **Business Opportunities**

Businesses of all sizes are being encouraged to attend an Open Day on 16 November at County Hall, Trowbridge from 1pm to 5pm to find out how they can bid to run a number of Wiltshire Council's facilities management services. Combined, the contracts available are worth more than £3 million and include services like cleaning, catering, security/key holding and caretaking.

For more information see [www.wiltshire.gov.uk](http://www.wiltshire.gov.uk) or email [fmsupport@wiltshire.gov.uk](mailto:fmsupport@wiltshire.gov.uk)

#### **Pewsey Campus Consultation at Coronation Hall**

The new Pewsey Campus scheme is aimed at delivering access to public services (such as meeting rooms for Citizens' Advice, Police and other public service providers) at a location that is more local to you - and the committee is looking for your input.

They recognise that for parishes in the east of the Pewsey area (such as Grafton), Pewsey may not be the most convenient location for residents to get to. There is potential therefore for a satellite site to operate closer to us but in order to influence this, you need to go to the public session at the Coronation Hall on Saturday 19 November from 10am to 12 noon where you can find out more about the plans and provide your feedback.

#### **Direct Services to London from Bedwyn to cease**

The Great Bedwyn Parish News is highlighting the threat of direct services to London from Bedwyn ceasing from 2016 due to the electrification of the railway only going as far as Newbury. For more information and to find out how you can influence the campaign see [www.bedwyntrains.org.uk](http://www.bedwyntrains.org.uk).

#### **When it snows remember the golden rule**

**SHOVEL, SWEEP and then SALT.** Do not use water, even boiling water. You can use table salt and you only need to spread thinly 1 tablespoon to 1 square metre square of path or pavement to be effective. Large salt stores, provided by Wiltshire Council, are held in main farm barns in our Parish.

## The Wilton Windmill Society



### The Annual General Meeting of the Wilton Windmill Society

will take place on

**Friday 9<sup>th</sup> December 2011 at 7.30pm**  
**at the Coronation Hall, East Grafton**

Friends and Members of the Society are invited to attend.

If you are not a member, and would like to get involved then you are very welcome to come along to hear about what has happened during the past year and our plans for the future.

Please help our preparations for the meeting by calling Susie Brew on **01264 731404** or emailing [susie.brew@hotmail.co.uk](mailto:susie.brew@hotmail.co.uk) if you are interested in attending.



#### **YOGA MORNING in aid of DOGS' TRUST**

At the Coronation Hall  
Saturday 17 December  
10:30am - 12 noon

Relax and restore your body and mind - get away from the Christmas buzz!

All proceeds will go to the Dogs' Trust.

If you would like to come please contact Lizzy Hawnt on **01672 841553** or **07821 396 430** or e-mail [hawnted.house@btinternet.com](mailto:hawnted.house@btinternet.com)

*Coffee and mince pies after at Lizzy's house.*

### 31 October 2011 – a big day for Sunflowers at Grafton

On Monday 31 October Sunflowers at Grafton opened the doors as a nursery offering full day care for babies and children up to 5 years old. We're delighted to report that our first week of operation went very well with our new children settling in happily and with all new processes and routines working as they should. We now have over 25 families registered with us which is a fantastic start, and interest in our service continues at a high rate. Thanks to everyone who has supported our transition from pre school to nursery.

How can you get involved? Earlier this week our Bag2School bags were delivered around the parish – why not have a clear out and help raise funds for Sunflowers? De-clutter your wardrobe and cupboards to fill the bag with quality second hand clothing, bags, belts and shoes and other textiles as specified on the bag and drop off at Sunflowers at Grafton on either Monday 21 November or Tuesday 22 November before 9am. If you have bags for us but aren't able to deliver them on either of these dates please call us on **01672 810478** to make alternative arrangements. If you have more than 1 bagful please use black bin bags. Do spread the word to family and friends – the more bags we collect the more money we raise!

Need a fun night out? Join us for a Zumba night at the Coronation Hall from 8pm on Friday 18 November – Zumba is a Latin-inspired dance fitness programme and this evening will give you a taste of what it's all about. Tickets are £15.00 to include a light supper and (non-alcoholic) fruit cocktail. Call us on the number above or email [admin@sunflowers-grafton.co.uk](mailto:admin@sunflowers-grafton.co.uk) to find out more.

## CHURCH SERVICES IN THE SAVERNAKE TEAM

November	Church	Time	Service	Taken by
13	<i>St Nicholas</i>	10.45	Remembrance	Chris Stock
20	Great Bedwyn	09.30	Family Service	Lay led
	St Katharine's	09.30	Holy Communion	Linda Dytham
	<i>St Nicholas</i>	11.00	Stir up Sunday at Coronation Hall	Alan Deboo
	Little Bedwyn	18.00	Evening Prayer	Lay led
27	Great Bedwyn	09.30	Holy Communion	Robert Gist
	<i>St Nicholas</i>	11.00	Morning Service	Christopher Walker
	St Katharine's	18.00	A United Advent Service of light	Mary Edwards
<b>December</b>				
04	Little Bedwyn	09.30	Holy Communion	Linda Dytham
	Great Bedwyn	11.00	Matins	Lay led
	St Katharine's	18.00	Evensong	Lay led
11	St Katharine's	11.00	Matins	Lay led
	Great Bedwyn	18.00	Carols	Robert Gist
18	Great Bedwyn	09.30	Family Service	Lay led
	<i>St Nicholas</i>	11.00	Carols	Alan Deboo
	St Katharine's	18.00	Carols	Robert Gist

### Sunday Morning Service at St Nicholas 27 November

On this last Sunday of November we welcome the first of our special guests invited by the PCC, to conduct a morning service at St Nicholas. The Rev Christopher Walker will join us at the usual time of 11am for a celebration of BCP Holy Communion. See October issue for further details.

#### How many wheelbarrows does it take?

Thank you to everyone who turned out to help clear the huge piles of grass cuttings, dead flowers and debris that had accumulated over the past half century in our churchyard. One of the piles at the back was encroaching on the grave of Private Russ, who was one of the Grafton men to perish in the First World War.

More than 40 villagers and friends turned up with their wheelbarrows and garden implements 29 October and worked ceaselessly all morning to clear the huge mounds of debris. About 700 barrow loads were packed into a farm trailer with the help of Frank Silk, from Wilton, who was an expert on his digger, and Wayne and Dave from Manor Farm Wilton.

The Church and the Churchyard are now beautifully clean and tidy all ready for the Remembrance Service on Sunday the 13 November at 10.45.



### Party Time in Grafton Parish

The Grafton Parish Christmas Party will take place on 18 December from 4pm to 6.30pm

All residents of the Parish are welcome to join in the festivities for which there will not be any charge. It is our way of saying thank you to all those who help during the year, to provide a chance for you to meet up with your neighbours and to enjoy some refreshments, mulled wine and much more.

Father Christmas will be arriving on his sleigh across the green (a sight not to be missed) and an entertainer has been booked to provide something new for the children.

It all promises to be as good an event as in previous years — more details in the December Community News but in the meantime please save the date.

Please join us in the hall on 14 December to help with the preparations (no previous experience required!)

### Save the Date - Wilton Christmas Lights Switch on.

The Wilton Christmas Lights switch on courtesy of Dougie Wilcox, and fun at the Swan will take place on **either** Saturday 10 December **or** Sunday 11 December - day still to be confirmed at time of going to press. Please look out for more information locally and in the December Community News.

## Dates for your diary



All events take place in the Coronation Hall unless otherwise specified.

### NOVEMBER

13	10.45	Remembrance Service	<i>St Nicholas</i>
14	09.30	Circuit Training	
15	09.15	Pilates	
15	10.00	Zumba	
15	19.30	Yoga	
16	09.30	Circuit Training	
16	19.00	Horticultural Society	
17	10.00	Grafton Goslings	
17	13.30	Pilates	
18	13.00	Circuit Training	
18	20.00	Zumba night	
19	09.00	Pewsey Campus Public Consultation	
20	11.00	Stir up Sunday Service with Alan Deboo	
21	09.00	Bag2school collection all day	<i>Sunflowers</i>
21	09.30	Circuit Training	
21	19.00	Bingo	
22	09.00	Last time for Bag2school	<i>Sunflowers</i>
22	09.15	Pilates	
22	10.00	Zumba	
22	19.30	Yoga	
23	13.00	Mobile Library	
23	15.00	Travelling Souk	
24	09.30	Travelling Souk	
25	13.00	Circuit Training	
27	11.00	Morning Service	<i>St Nicholas</i>
28	09.30	Circuit Training	
28	19.00	Bingo	
29	09.15	Pilates	
29	10.00	Zumba	
29	19.30	Yoga	
30	09.30	Circuit Training	

### DECEMBER

01	10.00	Grafton Goslings	
01	13.30	Pilates	
02	13.00	Circuit Training	
02	16.30	H4H Drinks and Food Fair	
03	10.00	St Nicholas' Fair	
05	09.30	Circuit Training	
05	13.30	Alzheimer's Tea	
05	19.00	Bingo	
06	09.15	Pilates	
06	10.00	Zumba	
06	19.30	Yoga	
07	09.30	Circuit Training	
07	12.45	Mobile Library and refreshments	
07	14.00	Wednesday Club	
08	10.00	Grafton Goslings	
08	13.30	Pilates	
09	13.00	Circuit Training	
09	19.30	Windmill AGM	
12	09.30	Circuit Training	
12	19.00	Bingo	
13	09.15	Pilates	
13	10.00	Zumba	
13	19.30	Yoga	
14	09.30	Circuit Training	
14	10.30	Bake and decorate for Christmas	
14	19.00	Horticultural Society	
15	10.00	Grafton Goslings	
15	13.30	Pilates	
18	11.00	Carols	<i>St Nicholas</i>
18	16.00	Parish Christmas party	

Bookings 01672 810406 or [hall@graftonparish.com](mailto:hall@graftonparish.com)  
Please leave landline contact numbers wherever possible

## Useful contacts

**Societies/Clubs/Organisations:** 1 line free entry  
Email [news@graftonparish.com](mailto:news@graftonparish.com) to be listed below.

Art Club	libby_gilbert80@hotmail.com
Bingo	hall@graftonparish.com
Church flowers/clean	01672 810743 Sally Butt
Circuit Training	01672 810266 Hen Mackinnon
Coronation Hall	01672 810406 Lara Ross
Cricket Club	pack.andy@googlemail.com
Grafton Goslings	graftongoslings@yahoo.co.uk
Horticultural Soc	01672 810364 Marijke Craig
Link Scheme	01672 870120
Parish Council	clerk@graftonparish.com
PCC Secretary	01672 870266 Millie Lemon
Pilates	07788 970976 Beth Knight
Police emergency	999 or 112
Police non emergency	101
Sunflowers at Grafton	01674 810478 Lyndsey Turner
Wednesday Club	01672 810349 Libby Gilbert
Windmill Society	susie.brew@hotmail.co.uk
Yoga	01672 841553 Lizzy Hawnt
Zumba	07747 617199 Lau Vergara

B&B West Grafton	Angie Orssich	01672 810339
Baby sitting/odd jobs	Tom Nield	01672 870196
Baby sitting	Florence Butt	01672 810743
Beauty & wellbeing	Amanda Toon	01672 811677
Builder	Sam Sanchez	07887 991249
Disco and Karaoke	Pete Vallis	01672 811326
Disco and Party	Steve	01672 811109
Furniture	Holgate & Pack	01672 870887
Grafton Garage	Tony Gilbert	07845 006890
Hair and Beauty	Katherine Le Bon	07770 945307
Hat Hire	Victoria Frost	01672 810386
Holiday Cottages (local)	Mary Rhodes	01672 870659
House Sitting	Maxine Wallis	07879 993150
Ironing Service	Karen Evans	07920 755372
Kindling	Jo Harman	01672 810673
Logs	Jeremy Hawkins	07980 536156
Odd jobs/gardening	Dan Oakey	07810 381783
Painting & Decorating	Neil Anderson	01264 731362
Pest Control	Julie Wilson	01672 811479
Swan Inn	Bill Clemence	01672 870274
Usborne Books	Trish Highnett	07775 941646

**To contact us:-** [news@graftonparish.com](mailto:news@graftonparish.com) or a note into the letterbox on the hall. Deadline for the next issue is Friday 2 December. Editorial rights reserved.

### Commercial Advertising:

Business based in the Parish: 1 line listing – Free.  
Business based outside the Parish: 1 line – £1/issue. £10/pa.  
Rates per issue for larger listing 1/12 page £5. 1/6 page £10. 1/4 page £15  
Discounts for 6 months and 12 months

## Police update

As the evenings are drawing in, we would like to give the usual crime prevention advice regarding burglaries. At this time of year thieves start getting geared up for Christmas and will take every opportunity they can. Please take every security measure you can protect your home; light timers are a good idea as it gives the impression someone is at home, even if they are not.

We would ask people to stay vigilant and report anything suspicious to the police on **101**, be it persons or vehicles.

Thank you.

Your Neighbourhood Policing Team – Pewsey East PCSO Coralie Nash 6139

### Temporary job vacancy in East Grafton

Small friendly company needs a temporary part time employee to help in their electronic assembly.

Ideally we require a person with soldering skills or previous electronic assembly experience.

Initially we need a person to cover sickness leave, but this may lead to further work.

For details call Crispin on **01672 811649** or email [crispin@crookwood.com](mailto:crispin@crookwood.com).

## Jason Lewis

Carpenter

### Carpentry & Maintenance

All building work undertaken, painting, Tiling, all types of locks, kitchens, home improvements, plastic doors & windows, general maintenance.

References available on request.

**01488 686293 07990512342 Jasonlewis08@aol.com**

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Tel: **01672 564555** [www.manningfordcroft.com](http://www.manningfordcroft.com)

### Carpet Clean - Ricky Flint

Friendly local service based at Great Bedwyn

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### Stop Press

Wilton Cricket Team were granted £1000 by the Pewsey Area Board towards improvements to the practice area, equipment and kit for children's cricket that was such a success earlier this year. Andy Pack represented the WCC at the Board.

### Wiltshire Fire and Rescue

Call **0800 389 7849** or visit [www.wiltshire.gov.uk](http://www.wiltshire.gov.uk) for a free safety inspection, identification of risks and important advice.