PARISH WINTER WARMER LUNCHES



The Coronation Hall



15 January, 12 February and 12 March at 12 noon

The menu for 15 January is just £5 per person

Cottage Pie with Vegetables Treacle Pudding and Custard Served with either a glass of wine or beer

Please join us for a bit of good company and conversation over a lovely lunch

> To book your place please phone Liz Hosier 01264 731242

If you would like a lift to the Hall, please phone Jenny Hatfield 01264 731415 or June Pearson 01672 811997

It will not be news to readers that the appalling weather has impacted residents of our Parish with a number of properties affected by the amount of rainfall, numerous roads further deteriorated with the volume of water and many fields water logged.

Parish Councillors tell us that they are working hard to ascertain why money has been recently spent on tracks and roads in our Parish in inexplicable ways. Severe potholes remain and are getting worse and drains are blocked, for example, whilst tracks which have been closed by the police are made good We hope to get some answers for the next edition.

Thank you Father Christmas and your elf for making such a fabulous contribution to the festivities, all your efforts are very much appreciated. Thank you also to Quackers, Wilton for another year of superb Christmas

2014 starts on a sociable note. Winter Warmer lunches and the Burns Night celebrations both welcome additions to the start of the new year.

The Coronation Hall diary is brim-full of classes and activities for all ages, including a new Yoga class to help you to recover from the excesses of Christmas!

Three excellent candidates applied for the post of Clerk to the Parish Council. Anna Parkin has been appointed to the role commencing at the 9 January meeting. There remains one vacancy on the Parish Council so please put your name forward if you would like to find out more. Contact details on page 4.

OUR DOCTOR WRITES

New year brings with it those pesky resolutions! It is not uncommon in the context of a season of overindulgence to want to start afresh in the New Year and try to be a bit healthier. Helping individuals to stop smoking or address hazardous alcohol habits or drop their weight if too heavy are all areas that your GP would like to help you with. I was particularly heartened to see some published evidence recently that people who are very overweight (obese) get health benefits from modest reductions without necessarily needing to achieve a completely normal weight. If you fall at the first hurdle this year, don't just give up call your practice and come and see your local GP or practice nurse where I'm sure you will find a sympathetic and helpful ear.

All the best for a healthy 2014.

Dr Tim Ballard

Please note:

This is an extract from the Doctor's January newsletter. You will find the full contents on our web site www.graftonparish.com







BEDWYN/GRAFTON LINK SCHEME FORTHCOMING CHANGES

Our Coordinator, Brenda Nolson, will retire in February 2014, partly due to regulations of the Charity Commission. Brenda has served as "the voice of the Link Scheme" for a decade almost entirely on her own, with occasional holiday cover. Until recently she provided a seven day a week service taking and making calls through the day. No amount of "thank-yous" can be adequate for this selfless service to the community.

Brenda's replacement will not be an individual but a team of volunteers, simply because no single person can be found who is willing to do what Brenda has been doing all these years. Each volunteer coordinator will be available at the same telephone number (01672 870120) every weekday between 9am-2pm. This means that clients will not notice any change except missing Brenda's familiar voice. I shall be writing to all regular clients and volunteers to explain the changes.

Through the months of December 2013 and January 2014, coordinator training is in progress. It is envisaged that a mobile phone and laptop will be transferred each day between coordinators. Exact details are being worked out with the help of Community First. Emma Glenister, a member of the Management Committee, will be the Lead Cocoordinator. The new system will hold activity data on a laptop as well as a booking log which will record volunteer activity and client usage. The system is in use by other Link Schemes in the county.

Further announcements will be made as arrangements are finalised. *Hoshang Bharucha*

NEWS IN BRIEF

Wilton Windmill Christmas Quiz

For those who took part in this year's quiz, you will be relieved to know that the answers are now on the Wilton Windmill website and on the Facebook page - www.wiltonwindmill.co.uk and www.facebook.com/wiltonwindmill. Winners will be notified directly. We hope you enjoyed taking part and didn't spend too much time searching the atlas and internet for those tricky islands!

Pewsey Xtreme Sports Club

Pewsey Xtreme alternative sports club is inviting young people to have a go at the latest projects being run out of Pewsey Leisure Centre. Sessions run on a Monday night between 7 and 9pm and cost £2 each. This year there is Parkour up to half term and multi sports before Easter.

The club is open to boys and girls (10–16years), and provides a fun, sociable club for young people to try new sports and meet new friends. In the summer term there will be Mountain Biking, Power Kiting and Mountain Boarding.

Young people wishing to join Pewsey Xtreme must hold a Pewsey Leisure Centre card (costs £5.50) with the Xtreme club itself costing £5 to join. Sessions are £2 each and can be booked by calling Pewsey Leisure Centre on **01672 562469**. For more information on the club and its activities, please call Angie on **07770 423521**.

Pewsey Neighbourhood Police Team Update

There has been a number of domestic fuel thefts in the Pewsey area recently. Our Neighbourhood Police Team advises that you take the following precautions:

- check security of your oil tank and property;
- consider ordering smaller, more frequent deliveries of oil;
- fence in your tank and use manufacturer recommended locks for the cap

If you require any further advice please get in touch with Melissa Camilleri, PCSO 6188, Pewsey East NPT, Tel: **101** ext **745818**

The TreeHouse - February Holiday Club

A great range of holiday activities will be on offer at our February holiday club for primary school children. The full timetable will be available shortly – keep an eye on our facebook page or **www.sunflowers-grafton.org.uk** for details. The TreeHouse will be open between Monday 17 and Friday 21 February inclusive – great fun for children and great local child care for parents.

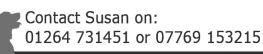


Carer Support Wiltshire is a charity with a team of support workers who can provide information and support to carers living in Wiltshire. They also offer access to counselling and advice relating to your role and this can be done either by phone or face to face. All of the services are free and confidential for anyone aged 18 and over and they can also offer you the chance to have a break through social cafés, days out, activities, craft groups and complementary therapies. There will soon be a monthly carers' café in Marlborough where you can go along to chat with other carers over a hot drink or two.

To find out more about Carer Support, or to register with them, please visit www.carersinwiltshire.co.uk email info@carersinwiltshire.co.uk or freephone 0800 181 4118 (01380 871690 from a mobile).

Lifestyle Dog Groomers

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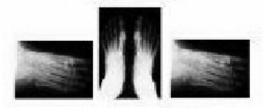


Email: info@lifestyledoggroomers.co.uk Website: www.lifestyledoggroomers.co.uk

Footsteps

Podiatry Services 07881802386

Now based in my own treatment room within Tidworth Leisure Centre appointments not always necessary.



Katie Bluff

BSc(HONS)Pod,SRCh,MCHs

10% Off Voucher

News from St Nicholas' church

'King's at Grafton' - a Service of nine lessons and carols - took place on Sunday the 22 December and was enjoyed by a congregation of over 160 people. The Church has never looked so Christmassy: beautifully arranged flowers, a decorated Christmas Tree and candles everywhere! The Millennium Choir, led by Fiona McArthur, sang a selection of their own carols which added an extra dimension to the service then everyone was invited to the Coronation Hall for mince pies and mulled wine. We are all very grateful to Mike Walsh and many others who helped to make this such a lovely occasion.

We were back in Church on Christmas Day to another well attended Service led by Matthew Cookson. The children were in invited to come forward with all the Nativity Figures to create the scene in the stable.

St. Nicholas' Church will host World Women's Day of Prayer on Friday 7 March.



YOGA CLASSES

New! Additional Yoga Class at the Coronation Hall starting Monday 20 January from 11am to 12.30pm

To join a great new class suitable for all levels of fitness please contact Lizzy Hawnt

You will find a friendly and warm welcome!

A well established evening class already takes place on Tuesdays at 7.30pm at the Coronation Hall plus other classes throughout the week in Marlborough.

You are welcome to "mix and match" days and times between any of these classes to suit your diary.

E:mail: hawnted.house@btinternet.com or telephone 01672 841553 / 07821 396430

White Mulberry Soft Furnishings

Hand-made roman blinds and curtains Made to measure wooden venetian and roller blinds Co-ordinating cushions, pelmets and tiebacks **Curtain alterations**

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Weight loss, weight gain, post work out drinks or to bridge the gap in your nutrition.

For more information call Lyndsey on 07810 651716 or email lynds.turner@btinternet.com

Dates for your diary

All events take place in the Coronation Hall unless otherwise specified. St N refers to St Nicholas' Church.

Bookings 01672 810406 or hall@graftonparish.com Please leave landline contact numbers wherever possible

JANUARY

12 18.00 Evensong St N 15 12.00 Winter Warmer lunch 19 Holy Communion St N 11.00

20 11.00 New Yoga class commences

25 19.30 **Burns Night**

26 11.00 Family Worship St N

FEBUARY

15 12.00 Winter Warmer lunch

17 TreeHouse Holiday Club Sunflowers

Church services in February will be available on www.savernaketeam.org.uk

Mobile library

15,29 January 12,26 February - Coronation Hall 11.30

Regular weekly dates for your diary

Please check for full details with the relevant organiser. Contact details are on page 4.

CIRCUIT & FITNESS

Henrietta MacKinnon

09.30 to 10.30 Monday

YOGA



11.00 to 12.30 Monday

Bingo

19.00 to 20.30 Monday

TUESDAY

(F) ZVMBA

09.30 to 10.30 Tuesday

Marlborough Multiples

15.00 to 16.30 Alternate Tuesdays

YOGA



19.30 to 21.00 Tuesday

WEDNESDAY

CIRCUIT & FITNESS

Henrietta MacKinnon

09.15 to 10.15 Wednesday



THURSDAY



Baby and toddler group 10.00 to 11.30 Thursday

FRIDAY

PILATES

09.30 to 10.25 Friday

KARATE CLASS Children only 16.00 to 17.00

Advertising:

Business based in the Parish: 1 line listing - Free. Business based outside the Parish: 1 line – £1/issue. £10/pa. Rates per issue for a larger advert

¹/₁₂ page £5. ¹/₆ page £10. ¹/₄ page £15 Discounts for 6 months and 12 months

Useful contacts

Societies/Clubs/Organisations: 1 line free entry Email news@graftonparish.com to be listed below.

Bingo	hall@graftonparish.com		
Church flowers/clean	01672 810072 Patricia Knowles		
Circuit/fitness Training	01672 810266 Hen Mackinnon		
Community News	news@graftonparish.com		
Coronation Hall	01672 810406 hall@graftonparish.com		
County Councillor	01672 810285 Stuart Wheeler		
Cricket Club	pack.andy@googlemail.com		
Dance and Fitness	07746 479345 Charlotte Price		
Grafton Goslings	graftongoslings@yahoo.co.uk		
Horticultural Society	01672 810364 Marijke Craig		
Karate	07775 510143 Darren Pettifer		
Link Scheme	01672 870120		
Marlborough Multiples	07967 835831 Amber		
Member of Parliament	01380 729358 Claire Perry		
Parish Council	clerk@graftonparish.com		
PCC Secretary	01672 870266 Millie Lemon		
Pilates	0779 4412685 Vicki Diwell		
Police emergency	999 or 112		
Police non emergency	101 ext 745818 M Camilleri		
Sunflowers at Grafton	01672 810478 Lyndsey Turner		
Wiltshire Good Neighbours	07557 110418 Mary Soellner		
Windmill Society	secretary@wiltonwindmill.co.uk		
Yoga	01672 841553 Lizzy Hawnt		
Zumba	01672 810406		

Local commercial listing			
B&B West Grafton	Angie Orssich	01672 810339	
Baby sitting/odd jobs	Tom Nield	01672 870196	
Beauty & wellbeing	Amanda Toon	01672 811677	
Builder	Sam Sanchez	07887 991249	
Car washing	wiltonwashers@gmail.com		
Disco and Karaoke	Pete Vallis	01672 811326	
Disco and Party	Steve	01672 811109	
Dog training/walking	Carrie Holborow	07546 941709	
Double glazing repairs	David Willcocks	01672 811979	
Furniture	Holgate & Pack	01672 870887	
Gardening	Sue Upham	01672 810526	
Grafton Garage	Tony Gilbert	07845 006890	
Hair and Beauty	Katherine Le Bon	07770 945307	
Hat Hire	Victoria Frost	01672 810386	
Holiday Cottages (local)	Mary Rhodes	01672 870659	
Kindling	Jo Harman	01672 810673	
Logs/tree surgeon	Jeremy Hawkins	07980 536156	
Odd jobs/gardening	Dan Oakey	07783 644405	
Painting & Decorating	Neil Anderson	01264 731362	
Pest Control	Julie Wilson	01672 811479	
Printing clothing/signs	www.SCSigns.co.uk		
Swan Inn	Bill Clemence	01672 870274	
Usborne Books	Trish Highnett	07775 941646	

You can email news@graftonparish.com with contributions or comments for the Community News. Deadline for the next issue 31 January 2014 Editorial rights reserved.

Jason Lewis Carpenter Carpentry & Maintenance

All building work undertaken, painting, tiling, all types of locks, kitchens, home improvements, plastic doors & windows, general maintenance.

References available on request.

Amanda Marsh Physiotherapy at Marlborough Golf Club

Quality effective care for Backs, necks, knees, shoulders, pre/post natal, work related injuries etc Appointments Monday-Saturday early 'til late and at short notice Free Parking

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David Willcocks

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Tel: **01672 564555** Contact: Mark Chick/ Simon Walker

Website: www.manningfordcroft.com

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If you would like help with your cleaning or would like to chat about the services that we can offer: ovens, carpet cleaning etc

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