COMMUNITY NEWS

New in this month's edition on Page 3 is a section on services and events which are local but not directly associated with Grafton Parish. This will not appear in every issue so if you are interested then do please keep a note of the details for future reference.

Mothering Sunday Service will be held on 6 March at 4pm when posies will be given out during the service. It is hoped that the afternoon timing will enable all those busy children with Sunday clubs to join in too. St Nicholas Annual Parochial Committee meeting will be held after the Holy Communion Service on Sunday 17 April at 12noon when everyone is welcome to come.

The updated Mobile Library dates and times are now shown under Friday in the list of Hall activities. This is a valuable resource which deserves support to keep it going. On the topic of resources there are a lot of things going on for young people in this issue so do take note!



Saturday 5 March 2016

This is a community event organised by Sunflowers at Grafton

Sunflowers at Grafton organise a BIG Tidy Up litter pick across Grafton Parish every year. This year it is a little bit different and we will be taking part in Clean for The Queen on Saturday 5 March.

This campaign has been launched by Country Life magazine, in partnership with Keep Britain Tidy, to tidy up across Britain before The Queen's 90th birthday in June. See **www.cleanforthequeen.co.uk** for more information.

We are delighted to be working in conjunction with our local Youth Activities group on this event and look forward to seeing a great turn-out from each of our 5 parish villages to help keep our little bit of Wiltshire looking lovely. You are all very welcome - please bring a sturdy pair of gloves – gardening gloves are ideal. We'll provide everything else.

Meeting points

East Grafton – Sunflowers at Grafton West Grafton – parish notice board Wilton – opposite the duck pond Wexcombe – bus stop Marten - parish notice board

We do need someone from each village to lead activity – would you be happy to give a few hours to help organise? Contact Sue England at Sunflowers at Grafton to find out more – **01672 810478** or **admin@sunflowers-grafton.co.uk**

Winter Warmers Mad March Hares Lunch 9 MARCH 12.30pm



Book your tickets with Liz Hosier 01264 731242 or 07831 545772

On your own or with a group of friends - everyone welcome.

Next lunch 13 April for The Queen's Birthday

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New Youth Arts Club - Happiness Arts

We Love Marlborough is running a new free arts club for teenagers, Happiness Arts, launching on half term Thursday then continuing every Wednesday evening. Happiness Arts is for ages 13 to 19 (or 25 for those with a disability). First session Thursday 18 February 11am-4pm, then Wednesdays 24 Feb to 27 April (except Easter holidays) 6.30pm-8.30pm. It takes place at the Old Youth Centre, St Margaret's Mead, Marlborough. The organisers may be able to organise transport. Everyone is welcome regardless of experience. To sign up, contact Louisa at **01672 811515** or **louisa@welovemarlborough.co.uk**



Are you interested in being a trustee with Sunflowers at Grafton?

Sunflowers at Grafton are strengthening our team of trustees and would love to hear from parish residents who might consider joining us.

We are a registered charity and have a board of trustees whose role is to ensure that we have a clear strategy, that we are taking action to achieve our strategy and that we are meeting our legal and financial obligations. We need our trustees to support and question our progress and are keen to ensure that our board is representative of different perspectives. Being a trustee can be rewarding and enjoyable and is a great way to be involved if the success of Sunflowers matters to you.

If you would like to know more please join us for coffee on Tuesday 8 March at 10.30am. If you aren't able to make that date please contact Sue England for an information pack either by calling **01672 810478** or emailing **admin@sunflowers-grafton.co.uk**.



FASTER LILIES

For many of us, Easter is a time for remembrance and reflection, if you would like to commemorate the life of a friend or loved one, what better way than to buy a lily in their name to be included in the Easter floral decorations in the Church of St Nicholas at East Grafton.

It has been suggested that we have a scroll of the names of those loved ones remembered which will be placed at the rear of the church during the Easter period. If you wish this to be included, please provide the name when lilies are ordered.

To order Lilies which cost £2.50 each, please contact: -

Elizabeth Hosier 01264 731242 Wexcombe

Millie Lemon **01672 870266** Wilton and Marten Patricia Knowles **01672 810072** East/West Grafton

This year, Easter Sunday falls on 27 March. Please come and enjoy the Church Service at 11am on that day. Parishioners and friends of all ages will be warmly welcomed.

Footsteps Podiatry Services

Tidworth Leisure Centre

07881802386

katie@thepodiatrist.org.uk

- ⇒ All aspects of footcare undertaken
- ⇒ Nail Surgery
- ⇒ Biomechanical review inc plantar fasciitis, heel pain, metatarsalgia
- \Rightarrow Orthotics
- ⇒ Verrucae treatments
- * Drop in appointments 9-2 term time excl Wednesday
 - * Evening and weekends can be arranged * Home visits available for a fee





Our Doctor Writes

In Bedwyn we have about a thousand patients signed up for online access to book appointment, look at results and order medication. Only 15% actually actively use it. We will work closely with the patient group to increase online access. So go on – please try it! And if you can't remember your password - please give us a call and we will issue you with a new one.

There are many concerns about the 'Inverse Care Law' as it is known in the NHS. It describes the way that the people who need the care the most tend to get the smallest slice of the NHS cake whilst the middle classes who tend to have a much lower burden of disease, often attract more investment in their health.

A study in the British Journal of General Practice this month looks at the role funding of health services might have on the Inverse Care Law. The study which was carried out in Scotland confirmed that in the most deprived areas consultation rates were 20% higher, and that all cause mortality in those under 75 was 2.4 times greater than the least deprived areas. Patients in the most deprived areas had substantially more illness especially with combined mental and physical ill health.

However funding did not reflect this increased burden of illness - it actually peaked in the most affluent areas and was fairly flat elsewhere. If we want to deliver better health care to those who need it most then the funding mechanisms need to change.

There is widespread concern from GPs across the country that we are at crisis point. Over the last five or six years the share of funding to provide GP services has fallen from 11% of the NHS cake to 7.4%. There is a real problem with recruitment and retention especially in areas of social deprivation and there is talk of a new contract in England. This might help especially if it takes into account the issues about the Inverse Care Law. We are currently in the throws of industrial action from our junior colleagues and I found it desperately saddening that it came to this. A recent poll in Derbyshire showed that 50% of GPs were ready to resign and hand back their practice contracts. I hope that we manage to come to a negotiated settlement so that GPs can receive the resources that they need to deliver the care that our patients need, especially those with the biggest health care problems.

In response to patient feedback we now have another patient line available to contact the Surgery. It is **01672 870050** and if all of our receptionists are busy when you call, you can leave a message for a call back. We prefer the personal touch here at Bedwyn Surgery, and aim to answer all calls as quickly as possible, so generally you will get to speak to someone in person, but patients have expressed an interest in being able to leave a message on occasion which is why we have introduced this option.

We are hoping to organise another Basic Life Support and Defibrillator training session in the early Spring (date to be advised). Please let us know if you would be interested in attending. In the meantime there is a great interactive tool which I would encourage you to have a play with and then bring those skills along to the above session to put into practice. If you go to the homepage on our website and click on the <u>Lifesaver</u> link under the heading 'Lifesaving', this will take you to the online interactive tool. Best wishes, Dr Tim Ballard

Youth Activities - lots going on!

In January several budding sculptors guided by Heloise Tofts created some amazing animals out of clay and during **February half term** several exciting things are happening.

15 February - Trip to Freedog – no broken bits and injuries I hope!

16 February - Trip to **Adrenaline Alley**, Corby for keen BMX'ers

18 February - A theatre trip to see Warhorse in London

Over the next couple of months there are plans to cook lunch for families to share and trips in the Easter holidays. Please note them in your diary and let your friends know too.

19 March - Cooking lunch for your families in the Coronation Hall - Eating Time 2.00pm

This has changed from 18 March to give more time to cook and prepare a meal and get tables laid! It also allows for those of you who have activities on Saturday mornings to join in too. Planning will take place on 4 March at 6.30pm at the Coronation Hall, if you would like to take part come to the planning session and help agree the menu and how you can help. The more that come along the merrier, it's a great to opportunity to find out more of what Youth Activities is about and plans for the future.

30 March - Ice skating or you can make a pitch for something different. Final plans in March Community News.

04 April - Rifle shooting and/or archery at Oxenwood (to be agreed)

Further news will be posted on posted on www.graftonparish.com, Grafton Parish Community News Facebook page and via our developing network. Please contact youthactivities@graftonparish.com and on 07802 923344 or Karen.brown@wiltshire.gov.uk and on 07795 665756 if you have guestions, want more details or would like to join in.

Local events outside this Parish

The Pewsey Vale Dementia Awareness Group runs the Pewsey Vale Memory Cafe for the over 55's on the third Tuesday of the month at the Pewsey Fire Station.	www.pewseycap.org.uk/care-cafe- pewsey-vale-dementia-awareness- group/
Prospect Hospice is running local events throughout 2016. Some are fundraising and others are community based.	www.prospect-hospice.net
League of Friends of Brendoncare Froxfield are holding an event on 20 March amongst other activities in the year.	www.brendoncare.org.uk/volunteers/ league-of-friends
Wiltshire Sight supports those living with sight loss and is looking for trustees - take a look to see if this is of interest.	www.wiltshiresight.org/

News in brief

Update on Everleigh Recycling Centre

Well done to everyone who went to Everleigh on the 8 January to ensure their voices were heard on the potential closure of the site. Since then a number of announcements have been made about the future of Everleigh but the picture is, to say the least, still very confusing. The Pewsey Community Area Partnership has requested clarification from Wiltshire Council and we will update you when we know more.

Subsidised Public Transport Review

Most rural public transport services are subsidised by Wiltshire Council and these subsidised services are the subject of a current consultation. You can have your say at www.consult.wiltshire.gov.uk. The consultation is open until 5pm on 4 April. You can obtain a hardcopy of the consultation by calling **0300 456 0100**.

New looks for 2016

Crofton Beam Engines and Wilton Windmill have new websites this year so go and have a look at **www.croftonbeamengines.org** and

www.wiltonwindmill.co.uk. With the new open seasons nearly upon us, you can check out what is planned for the coming year.

Mystery arts in the Wilton area

Saturday 27 February is a creative session to inspire a mysterious Arts Councilfunded happening in the Wilton area later this year.

The all-day event will bring together the lead artists with local residents (on and off canal), artists and those with a particular passion for the area, Wilton Windmill and Crofton Beam Engine. Details are sketchy(!) but a team work piece, sound sculptures, fun and lunch are on the cards.

The session is suitable for ages 8 upwards and the organisers welcome people of all ages and backgrounds as need a range of voices and experiences of the local area. Lunch and refreshments will be provided, as will transport if that is a problem. For more information and to book a place, contact Louisa by 19 February on **01672 811515**

louisa@welovemarlborough.co.uk

CreArt - Saturday 27 February, 10am-4pm at the Coronation Hall

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Dates for your diary

All events take place in the Coronation Hall unless otherwise specified (contact details on page 4). *St N* refers to St Nicholas' Church.

FEBRUARY

15	14.00	Youth Activities - Freedog trip	
16	Early!	Youth Activities - Adrenaline Alley trip	
18		Warhorse theatre trip (see page 2)	
21	18.00	Evensong	St N
27	10.00	CreArt (see Mystery Arts left of	page)
28	16.00	Family Worship	St N
MAR	CH		

WARCH

14.00	Clean for the Queen	various
16.00	Mothering Sunday	St N
10.30	Coffee morning	Sunflowers
12.30	Winter Warmers Lunch	
	16.00 10.30	14.00 Clean for the Queen16.00 Mothering Sunday10.30 Coffee morning12.30 Winter Warmers Lunch

13 18.00 Evensong19 Youth Activities

18.30 Youth Activities

20 09.30 Palm Sunday St N
27 11.00 Easter Sunday service St N
30 Youth Activities

TOURIT ACTIVITIES

The Hall Committee apologises that the scheduled performance of "Beauty and the Beast" on 6 February had to be cancelled due to problems with the production company.

email **news@graftonparish.com** with contributions for the Community News.

Deadline for the next issue Friday 4 March. Editorial rights reserved.

MONDAY

CIRCUIT & Henrietta MacKinnon

09:15 to 10:15 Monday

St N



11:00 to 12:30 Monday

TUESDAY

ZVMBA

09:30 to 10:30 Tuesday

Marlborough Multiples 15:00 to 16:30 Alternate Tuesdays



19:30 to 21:00 Tuesday

WEDNESDA'

CIRCUIT &

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I

Henrietta MacKinnon

09:15 to 10:15 Wednesday



THURSDAY



Baby and toddler group 10:00 to 11:30 Thursday

FRIDAY

Mobile library at the Coronation Hall 19 February 18 March 11.30am to 12pm



09:30 to 10:30 Friday 10:45 to 11:45 Friday

Beginners and gentle work

KARATE CLASS Children only 16:30 to 17:00

Useful contacts

Societies/Clubs/Organisations: 1 line free entry

Societies/Clubs/Organisations: Tiline free entry				
Church flowers/clean	01672 810072 Patricia Knowles			
Circuit/fitness Training	01672 810266 Hen Mackinnon			
Community News	news@graftonparish.com			
Coronation Hall	07479 281809 hall@graftonparish.com			
County Councillor	01672 810285 Stuart Wheeler			
Cricket Club	wiltoncc@yahoo.co.uk			
Crofton beam engines	www.croftonbeamengines.org			
Dance and Fitness	07746 479345 Charlotte Price			
Grafton Goslings	graftongoslings@yahoo.co.uk			
Horticultural Society	01672 810364 Marijke Craig			
Junior cricket club	wiltoncc@yahoo.co.uk			
Karate	07775 510143 Darren Pettifer			
Link Scheme	0771 7006787			
Marlborough Multiples	07967 835831 Amber			
Member of Parliament	01380 729358 Claire Perry			
Parish Council	clerk@graftonparish.com 01672 811335			
PCC Secretary	01672 870266 Millie Lemon			
Pilates	07796 225942 Tracey Rich			
Police emergency	999 or 112			
Police non emergency	101 Jonathan Mills			
Salt/sand bags	07910 637 634 David Lemon			
St Nicholas' church	www.savernaketeam.org.uk			
Sunflowers at Grafton	01672 810478 Lyndsey Turner			
Wiltshire Good Neighbours	07557 110418			
Windmill Society	secretary@wiltonwindmill.co.uk			
Winter Warmers	01264 731242 Liz Hosier			
Yoga	01672 841553 Lizzy Hawnt			
Zumba	01672 484464 Joanna Bury			

Local commercial listing				
B&B West Grafton	Angie Orssich	01672 810339		
Baby sitting/odd jobs	Tom Nield	01672 870196		
Builder	Sam Sanchez	07887 991249		
Builder & roofing	Dan and Co 07936 586228			
Cake making	www.faysfairycakes.co.uk			
Car washing	wiltonwashers@gmail.com			
Disco and Karaoke	Pete Vallis	01672 811326		
Disco and Party	Steve	01672 811109		
Dog training/walking	Carrie Holborow	07546 941709		
Double glazing repairs	David Willcocks	01672 811979		
Furniture	Holgate & Pack	01672 870887		
Gardening	Sue Upham	01672 810526		
Grafton Garage	Tony Gilbert	07845 006890		
Hair and Beauty	Katherine Le Bon	07770 945307		
Hat Hire	Victoria Frost	01672 810386		
Homeopathy	Emma H-Byass	07540 773531		
Logs/tree surgeon	Jeremy Hawkins	07980 536156		
Painting & Decorating	Neil Anderson	01264 731362		
Pest Control	Julie Wilson	01672 811479		
Printing clothing/signs	www.SCSigns.co.uk			
Swan Inn	Bill Clemence 01672 870274			

Printed by RIDGEWAY PRESS www.ridgewaypress.co.uk
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References available on request.

07990 512342 Jasonlewis08@aol.com



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Knee
Injun
prob
Proz
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IBS,
Respiratory Problems

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problems
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tility Stress, blems Anxiety

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