

COMMUNITY NEWS

August is always a month with a lull in activities in the parish so it is good to see the return of the Picture Palace - see the flyer for full details of the entertainment on offer.

It is good to have reports from recent events in the Community News and we welcome comments and contributions from readers too. If you should miss the delivery of an issue then do please let us know, we apologise to those who have not had a delivery and do our best to ensure that everyone gets one!

Just drop a note into the Coronation Hall letterbox and it will be forwarded to us or email news@graftonparish.com.



Lazy days of Summer.....

We had a brilliant start to The TreeHouse holiday club on Thursday 26 July with a 'Play in 2 days' with the Watermill Theatre team. We thought it would be difficult to match last year's production - inspired by the living willow man at the Watermill but we were wrong! Our group of little stars created and performed The Magic Crystal - inspired by a piece of glass one of the children found at the theatre on Thursday.

Our summer club for primary school children is full of inspiration and just a little bit wild too! We're challenging ourselves to do a simple, fun and exciting Random Act of Wildness every day - anything that we can do in our day to bring a little more nature into our lives. It might take a few seconds, a few minutes, or if we lose ourselves completely, a few hours! We might dance in a downpour, lunch in the wild, nap in nature or sunbathe like daisies. If you would like to add a little more wildness to your life take some inspiration from

www.wiltshirewildlife.org/Pages/Events/Category/30-days-wild.

If you are looking for help in the holidays for children, grandchildren, nieces or nephews please have a look at our timetable.

See www.sunflowers-grafton.org.uk/treehouse/holiday-club/ for our holiday club details and availability.



Wind in the Willows at Wilton Windmill

Over 1,000 visitors had a great time at the Windmill Saturday 21 July. Mr Toad arrived in his wonderful car blowing his horn to tell everyone he was coming. The children cheered him and made sure they kept out of his way. Fortunately neither the sack races nor the tug of war were going on at the time!

When everyone arrived they were welcomed and told about the Children's Games, Punch and Judy and the Ferret racing. The Windmill team said the purpose of the day was for each family to have a great time and that everyone would hopefully leave with a smile on their faces. The BBQ, tea tent and bar were kept busy all day with the help given by so many friends in our Community. Lots of volunteers ran the car park, the games, painted hundreds of children's faces and so made the day very successful and enjoyable.

This year's enjoyable and successful Windmill Open Day raised funds to ensure that the future of our Windmill is secure. We are so fortunate to have such a great Community who are happy and ready to get stuck in and help with an event like this.

If you would like to join Friends of Wilton Windmill or to volunteer to help with this very successful project in the Parish then please visit www.wiltonwindmill.co.uk

THE GREATEST SHOWMAN

THE PICTURE PALACE

YOUR COMMUNITY CINEMA at the Coronation Hall

FRIDAY 31 August at 7.30pm

Doors open 7.00pm for pre-film drinks and refreshments



Tickets: £6.00 available at the door, from The Swan in Wilton or by telephoning: Kevin Burke on 01672 811719

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(open to 3 September)

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wiltshire.objective.co.uk/portal

This local tip involves less traffic and easy access.

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Reminder for your recycling bins

As from 30 July, your blue-lidded recycling bins can be used to recycle:

- ⇒ Plastic bottles of any colour
- ⇒ Plastic pots, tubs and trays (no black plastic and no plant pots)
- ⇒ Food and drink cartons
- ⇒ Cardboard of any colour

Content for the black boxes hasn't changed. For full details of what recycling goes where and what you should avoid, see www.wiltshire.gov.uk/

Our Doctor writes

During the last 70 years the NHS has evolved by responding to the changing needs of the nation. Today, the NHS is facing the challenge of meeting the healthcare needs of a growing and ageing population. With more people receiving life-saving and life-changing care than ever before the pressures on the service are greater than they have ever been. The NHS needs to continue to evolve to meet these challenges and increasing demands.

The Five Year Forward View published in 2014 covered a number of themes such as ill-health prevention, empowering patients and communities, strengthening general practice, funding, and retention of the workforce. As a result progress has already been made in increasing access to GPs, improving the diagnosis and swift treatment of cancer and expansion of mental health services.

The number of places at medical school will increase this year from 6000 to 7500. However it takes a minimum of 10 years to become a qualified GP/senior hospital doctor and in 2016 the GP Retention scheme was launched to provide a package of financial and educational support aimed at GPs who might otherwise leave the profession.

Funding the NHS is and will always be an issue despite the £20billion increase promised. In the article last month I mentioned how you can help the NHS. Here is your chance.

NHS England has issued new guidance on over the counter medicines - for 35 minor, short-term conditions, medicines which can be bought over the counter to treat these conditions will no longer be available on prescription.

For example minor pain conditions (aches, sprains, back and period pain), coughs, colds and nasal congestion/sinusitis, cold sores, conjunctivitis (sticky or pink eye), mild constipation, diarrhoea (adults), dry eyes, dandruff, mild eczema/dry skin, mild to moderate hayfever, ear wax, haemorrhoids (piles), thrush, athlete's foot, indigestion (heartburn), head lice, insect bites/stings, nappy rash, infant colic, teething, threadworms, sunburn, wart and verrucae, vitamin/minerals and probiotics. You can seek health advice from your local pharmacist who is trained to give advice about minor conditions and over the counter medicines. More information is available on NHS England and NHS Choices' websites.

Following a recent incident at the Old School Surgery we have had to take a much firmer position on dealing with patients who walk in or phone for an appointment for a minor injury. Minor injuries are injuries or wounds which are not life threatening, but require attention from a medical professional within a 48 hour period. The recent incident highlighted that the best outcome in terms of the management of your minor injury is to attend a specialist Minor Injury Unit (MIU). As a general practice we are not required or funded to provide a minor injury service. Consequently we do not have the necessary time, equipment, expertise, accreditation nor undergo training which satisfies relevant appraisal and revalidation procedures. Our indemnity (insurance) does not cover us medico-legally to manage minor injuries. Examples of minor injuries; a fall resulting in a cut, graze, swollen joint, bruising; wanting to be checked over after a fall; a bump or knock to your head; an eye injury; a foreign body stuck in your ear or nose or embedded in skin – this includes ticks; burns or scalds; injury to a limb or finger and you think it may be broken/sprained; minor nose bleeds; a wound you think might need stitches/steristrips or gluing.

Please call 111 (NHS Non Emergencies) for assistance before making a trip to a MIU - as sometimes you'll be offered an out-of-hours GP appointment at Savernake Hospital otherwise the nearest MIUs are at West Berkshire Community Hospital (Thatcham), Andover War Memorial Hospital and Great Western Hospital (Swindon). More information is available on our and the NHS Choices websites.

Thank you to all of you who celebrated our 70th birthday. It was lovely to see so many of you at the birthday bash at the surgery. I did not expect to receive so many 70th birthday cards! £125 pounds was raised for Alzheimer's Support.

11.11.18 WW Remembrance



Bedwyn Millenium Choir is putting together a selection of evocative songs and hymns for the service of remembrance. The choir will also be entertaining us all in the Coronation Hall after the service and everyone is invited to the hall for refreshments whether they attend the church service or not. Timings in the October issue.

The commemorative indigenous trees will be planted as follows: West Grafton by the salt bin, East Grafton on the green just before the church, Wilton by the seat opposite the pond, Wexcombe by the North turning into the hamlet from the main road, Marten near the noticeboard. Maps will be placed on www.graftonparish.com and timings for the planting will be in the November Community News.

Please email news@graftonparish.com if you can spare some time to make this event memorable.

Local commercial listing

B&B Grafton	Victoria Frost	07557 791604
Builder	Sam Sanchez	07887 991249
Cake making	www.faysfairycakes.co.uk	
Celebration Cakes	www.nattiesbakesandbites.co.uk	
Disco and Karaoke	Pete Vallis	01672 811326
Disco and Party	Steve	01672 811109
Dog training/walking	Carrie Holborow	07546 941709
Double glazing repairs	David Willcocks	01672 811979
Furniture	Holgate & Pack	01672 870887
Gardening	Sue Upham	01672 810526
Grafton Garage	Tony Gilbert	07845 006890
Homeopathy	Emma H-Byass	07540 773531
Logs/tree surgeon	Jeremy Hawkins	07980 536156
Painting & Decorating	Neil Anderson	01264 731362

Local commercial listing Continued

Personal trainer	Hen Mackinnon	07977 511959
Pest Control	Julie Wilson	01672 811479
Printing clothing/signs	www.SCSigns.co.uk	
Storage/lock up	David Lemon	01672 870266
Sunflowers at Grafton	Julie McLernon	01672 810478
Swan Inn	Bill Clemence	01672 870274
For help and information		
Link Scheme	0771 7006787	
Police emergency	999 or 112 - information 101	
Member of Parliament	Claire Perry	01380 729358
County Councillor	Stuart Wheeler	01672 810285

Links for local information

Charity working for community development www.communityfirst.org.uk
Pewsey Area Board www.pewsey.ourcommunitymatters.org.uk
Access Community notice boards and much more on www.wiltshire.gov.uk
Grafton Parish www.graftonparish.com
Tree wardens for Wiltshire www.wiltshiretreewardens.co.uk



Summer Activities

Sunday 19 August - Pewsey 360, from 10.00am a day full of fun activities - Bike, Skate, Scoot, Drum and many more demos and workshops to enjoy. Open to all young people of the Vale of Pewsey Villages on a first come first served basis.

A mini bus leaves the Coronation Hall at 9.30am to take you the Bouverie Hall, Pewsey, returning mid-afternoon.

All activities and mini bus are free.

Tuesday 28 August - Tree Climbing and Zipwire Event in Monkton Park, Chippenham followed by a BBQ or similar! Leaving from Coronation Hall at 11.00am. Cost £20 or two Time Credits. Contact youthactivities@graftonparish.com or Annie on **07802 923344** to see if places are still available. Young people moving to year 7 in September can join in.

Autumn Programme

14 September, 6.30 pm in the Coronation Hall with a Table Tennis Challenge (A free trip for the winner) followed by fajitas and nachos!

Come along and talk to us about the youth group, find out what we do and tell us what you'd like to do. If you know young people moving into year 7 encourage them to pop in and find out more.

Youth Activities is an initiative started by Grafton Parish Council and is aimed at young people at secondary school or in further education.

News in Brief

Pewsey U3A

This wonderful, national organisation – University of the 3rd Age - is for anyone who is retired or semi-retired and provides creative, educational and leisure groups. The U3A in Pewsey is very active with more than 40 groups meeting on a weekly, bi-weekly or monthly basis, offering everything from Art to Whist and Country Dancing! For more information go to www.u3asites.org.uk/pewseyvale/home.

Pewsey Vale Health & Wellbeing Forum

This group meets once a quarter to discuss priorities for the Pewsey Community Area with regard to health and wellbeing. A grant fund is also available for local projects, primarily aimed at older people, but not exclusively. Recent awards include funding to start up a Community Café in Rushall and a trip to Casterley Barn in Rushall for the Pewsey Memory Café. If you are interested in this forum or in the grant process, then email pcap@hotmail.co.uk.

Pewsey Vale Health & Wellbeing Centre

As we approach the opening of the new centre in the autumn, Wiltshire Council is keen to know what people would like to see going on at the Centre. Any suggestions should be sent directly to thevale@wiltshire.gov.uk

Things for the Summer Holidays

If you are looking for local things to do over the summer holidays, then have a look at www.visitpewseyvale.co.uk where there are plenty of ideas and information on where to go, events and ideas.

Harvest Festival at St Nicholas' Church

Plans are underway for this traditional, colourful and vibrant service on 23 September at 4pm. Everyone is welcome.

Grafton Parish Council planning information

Recently Wiltshire Council Planning department has changed the rules regarding publication of planning applications.

It is no longer possible for the Parish Council to ensure that a public meeting is held to discuss building applications at meetings held between the bi-monthly full Council meetings. Traditionally Wiltshire Council granted extra days for consultation to take place but this is no longer available. www.planning.wiltshire.gov.uk/Northgate/PlanningExplorer/ApplicationSearch.aspx is where you can find details and leave your comments.

The Community News will, where possible, notify residents of plans which can be accessed and commented upon where closing dates fall outside their meeting dates. There are 2 such plans listed below with early August closing dates for your information and comments where relevant.

18/06035/FUL Spinnicks Hill, Hollow Lane, Wilton. Proposed three bay garage with office/accommodation over

18/05802/FUL Swifts Cottage, Batts Lane, East Grafton. Remove conservatory and replace with part two storey and part single storey rear extension & replacement front porch

Footsteps Podiatry Services

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katie@thepodiatrist.org.uk

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Community Contacts

Church flowers/cleaning	Patricia Knowles 01672 810072
Community News	news@grafftonparish.com
Coronation Hall	07479 281809 hall@grafftonparish.com
Junior Cricket	pdewinton@savills.com
Parish Council	clerk@grafftonparish.com
PCC Secretary	01672 870266
St Nicholas' services	www.savernaketeam.org.uk
Winter Warmers	01264 731242 liz@wexcombefarm.co.uk

Local Clubs

Windmill Society	secretary@wiltonwindmill.co.uk
Horticultural Society	01672 810364 Marijke Craig

Dates for your diary

All events take place in the Coronation Hall unless otherwise specified. *St N* refers to St Nicholas' Church.

AUGUST

13	13.00	Parish Council planning meeting (if req'd)	
19	09.30	Pewsey 360 Youth Day	<i>Pewsey</i>
24	24.00	Closing day for the Community News	
28	11.00	Youth Activities	
31	19.30	Picture Palace - The Greatest Showman	

SEPTEMBER

02	11.00	Holy Communion	<i>St N</i>
09	18.00	Evensong	<i>St N</i>
13	19.15	Parish Council meeting open to all	
14	18.30	Youth Activities	
15		The Grafton Hike!	
16	11.00	Holy Communion	<i>St N</i>
23	16.00	Harvest Festival service	<i>St N</i>

See www.graftonparish.com for Coronation Hall booking information and details of gazebo hire - dates and information for all Parish council meetings and past community news issues.

MONDAY

YOGA



11:00 to 12:30
01672 841553 Lizzy Hawnt

TUESDAY



ZUMBA

09:30 to 10:30
07710 115324 Joanna Bury

YOGA



19:30 to 21:00
01672 841553 Lizzy Hawnt

WEDNESDAY

CIRCUIT & FITNESS



09:15 to 10:15
01672 810266 Hen Mackinnon

THURSDAY



Baby and toddler group
10:00 to 11:30
graftongoslings@yahoo.co.uk

FRIDAY

Mobile library at the Coronation Hall
29 August, 26 September 11.40am to 12pm



09:30 to 10:30
10:45 to 11:45
Beginners and gentle work
07769 580148 Tracey Rich



07746 479345
Charlotte Price

Monday	17.00 - 18.30	West End (Group Show Dances), Bronze Jazz, Pre-Pointe
Tuesday	16.00 - 18.00 18.00 - 18.30	Grade 1/2 Modern & Tap, Grade 3 Tap
Wednesday	15.30 - 19.00	Baby Ballet, Pre-Primary Ballet, Primary & Grade 1/2 Ballet, Grade 3 Modern
Thursday	16.45 - 18.45	Grade 4/5 Ballet, Grade 4/5 Modern

Deadline for the next issue Friday 24 August.

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home improvements, plastic doors & windows, general maintenance.

References available on request.

07990 512342 Jasonlewis08@aol.com

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