

## COMMUNITY NEWS

## Grafton Parish Council response teams

East Grafton	Kevin Burke	<b>07713 067113</b>
Marten	Mike Hyslop	<b>07799 760417</b>
West Grafton	Annie Whitcher	<b>07802 923344</b>
Wexcombe	George Hosier	<b>07786 332950</b>
Wilton	David Lemon	<b>07974 400224</b>

Each hamlet has its own WhatsApp Group which you can use to ask for, or offer, help. Call your co-ordinator for help in using this if you are unsure.

Like our Facebook page [www.facebook.com/GraftonParishCommunityNews](https://www.facebook.com/GraftonParishCommunityNews) or follow us on Twitter [www.twitter.com/grafonparish](https://www.twitter.com/grafonparish).



## Grafton Parish Council Food Bank update

Firstly a massive thank you to everyone who has made a donation to the Food Bank Fund. Your generosity has been amazing and is much appreciated.

As the lockdown restrictions are being lifted we will still be making the usual deliveries to those families needing support.

However, the daily news is now announcing job losses across many different business sectors which will inevitably lead to a loss of income for many.

If you are affected and need support then please call Kevin Burke on **07713 067113** who will treat your call with strict confidence and arrange for a delivery of basic essentials to be made on a regular basis.

## News from The Swan



We are planning to reopen on Saturday 4 July. Life will be different for the time being. We will only be serving outside and are grateful to the Wilton Windmill who are lending us their tents to provide some shelter.

Everybody will be asked to complete a registration form when visiting, it will be table service only and you will have to pre-book a table, even if you only intend to visit for a drink. There will be strict social distancing rules which we expect everybody to adhere to.

We intend initially to be open everyday, lunchtimes and evenings, except Monday and Tuesday when we will only open in the evening.

We will continue to offer takeaways and we will also continue delivering vegboxes. Our shop is winding down, but we intend to continue supplying bread, milk, butter, eggs and a few other staples.

On Fridays we will also be offering Rotisserie chickens to eat-in or take away.

For up to date news please continue to check our website and Facebook page. Thanks to everybody in Grafton Parish for your continued support.

Bill

**01672 870274**

[www.theswanwilton.co.uk](http://www.theswanwilton.co.uk)

[vegbox@theswanwilton.co.uk](mailto:vegbox@theswanwilton.co.uk)

## Wilton Support Group Report

Nearly everyone in Wilton is on, or has access to, the WhatsApp group and for those who are not and would like to be please let the administrator know – you can get details through The Swan. It has been amazingly effective once again this month. It has been a lifeline for the more vulnerable or senior members of our village. That ping reminds you that 50 friendly faces are within metres of your home should you need anything. What started as a way of warning us about bad things going on has turned (however irritating it might be on occasions) into a way of bringing everyone closer together.

This month it has informed us about countless take-aways from the pub, bird feed mixtures, all manner of plants and plant pots, compost, ice creams, gourmet goat meat, spare railway sleepers, the phone box library and lost dogs.

It has also shown us the end of the "Cup Cakes for carers" campaign which was an unbelievable ray of sunshine in the lockdown gloom. Julia Bowes has been incredible making 194 of the most stunning cakes you have ever seen and delivered them to various people who work in care homes or the NHS locally.

Sue and Roger England spearheaded the "Great Village Pond Dip". Volunteers were recruited on WhatsApp and a dozen or so got in the pond to remove the wretched Crassula weed that is swamping the pond. David Lemon led the team on the day – ably supported by Frank Silk on the digger and Henry Adamson in the Loader as well as Hugo and Max supervising traffic. They removed over 100 tonnes of weed, silt and water from the pond. Small teams will return to the pond during the summer to remove the stragglers as it takes one plant to repopulate the pond to the same level within a couple of years.

The final piece about the WhatsApp is the appeal for donations to support those who are struggling to afford food during lockdown within our Parish and without wishing to embarrass anyone, the generosity has been incredible. Kevin Burke of the PC, supported by Bill Clemence from the Swan, have made food parcels available to those who require them and continue to do so.

The other wonderful thing I have noticed is little social pockets popping up. I have seen neighbours meeting on the edges of roads chatting and distantly socialising, that perhaps before lockdown they may never have done before. In a funny way the social distancing has brought the community closer together.



## Parish Council Meeting

**13 July 7.15pm**

This meeting will be held remotely to conform with the legal requirements for Parish Councils.

The Zoom platform will be used for the meeting and the Chairman will control the meeting as normal.

The Agendas and draft minutes will be posted on notice boards in the hamlets and on [www.grafonparish.com](http://www.grafonparish.com).

## How do I join the meeting?

If you wish to be invited to join the meeting then please email [clerk@grafonparish.com](mailto:clerk@grafonparish.com) and you will be given access information so that you can listen in to the meeting.

If you wish to speak about a topic then please include your question in your email to the Clerk.

You can also contact the Parish Councillor who is leading the response team in your part of the Parish to ask for a topic to be raised at the meeting. This can be especially important if you do not have internet access.

Latest planning applications on page 4.

## Grafton Parish thanks the NHS

Sunday 5 July is the NHS's 72nd birthday and one last nationwide clap at 5pm is planned to thank all of those helping us to get through this ongoing crisis.

We are also invited to place a light in a window or on our doorstep on the evening of Saturday 4 July to remember the tens of thousands of coronavirus victims.

The NHS signs in Wilton and East Grafton will be taken down following this. Our thanks to those who made, painted and erected them for us all.



Victoria Lewis: 07786 868 192 | 01264 731408

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## Yoga for All

New timetable from 6<sup>th</sup> July

**All Classes now on Live Web Stream**

Monday	Motivating Monday	9.30am - 10.30am
Tuesday	Hatha Yoga	6pm - 7.15pm
Wednesday	Yoga for all	9.30am - 10.30am
Wednesday	Gentle Yoga class	11am - 12.00am
Friday	Feel Good Friday	9.30am - 10.45am

## \*\* Early morning yoga club \*\*

Tuesday & Thursday 7.30am - 8am

Get your fix before the day starts!

To book:

[tim.brew@hotmail.co.uk](mailto:tim.brew@hotmail.co.uk)

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## Do you need help with your pet?

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East Grafton - Marlborough



**A reader writes ...** Dog poo is a hazard and frequently appears on the Grafton to Wilton pathway.

Please use poo bags and take your dog's do-do back to your bins in the interest of other walkers, their children and animals.

This message relates to the entire parish.



## Notes in Brief

**All visitors to a Wiltshire household recycling centre (HRC) must pre-book a slot to visit beforehand** This is an advance booking system, so you will be unable to book a same day visit to a HRC. Bookings must be made online via a smartphone, tablet or computer. You can book a slot up to three days in advance. You must live in the Wiltshire Council area and be able to provide proof of address when visiting a HRC. Please make sure your proof of address is clearly visible in your vehicle window. (Driver's licence, Council Tax or Utility bill)

**www.wiltshire.gov.uk/household-recycling-centres-book** Make a note of your booking confirmation as you will not get an email confirmation at present.

**Parish Boundary Walk is cancelled for 2020** It is with heavy heart that we have decided to cancel the 2020 Parish Boundary Walk. Whilst restrictions are easing up, social distancing is very much going to continue to be a part of everyday life. It is important that everyone on the walk can walk together, chat and stop for something to eat together – it's all part of the camaraderie of the event and to run it under the restrictions would take away from the experience and may put some people off joining us. We will be advertising the revised date in the spring of 2021 in the Community News, so keep an eye out for it!

**The work to be undertaken on the Bridge in Hollow Lane, Wilton** has been delayed for 18 months. The bridge will be regularly safety checked.

## Our Doctor writes



### A Quick Update

There have been some changes in General Practice over the last month - the guidance is still to offer a telephone appointment initially. The virus is still around and it is no less deadly or infectious than it was at the start of 2020 and many people are still susceptible to infection.

### Masks

If you're asked to attend a practice please wear a mask or face covering. Exceptions to this are children under the age of 11, those with disabilities or with breathing difficulties or if you rely on lip reading. It does not matter if this is a home-made mask and at the Old School Surgery we have seen some very impressive masks. Doctors and nurses are still seeing patients wearing PPE.

### Cervical screening

The cervical screening programme in England has resumed and women are being sent letters once again to attend for screening. At the Old School Surgery you are now able to book an appointment for a test. Please make an appointment only if you have received your recall letter. Nurse Sue is also reviewing records to find women who have missed appointments, either during the pandemic, or in the last year or two and you will also be invited in for a test.

### Joint injections

The guidance for injecting joints remains that it should be avoided because the steroid used can impair the immune response to coronavirus. However, there is discussion about injecting joints in people who are under 70 with no underlying risk factors provided they are made aware of the risks and can then make an informed decision. This is only an option if all other treatments have been ineffective. At the Old School Surgery anyone wishing to consider a joint injection can make a routine telephone appointment to review their present management, personal risk factors and discuss the risk of an injection during the pandemic.

### Delivery of medicines

This will continue for shielding patients who are unable to get family or friends to collect their medicine. At the Old School Surgery, with lockdown easing, the over 70s who were having their medicines delivered will now need to collect. Thank you for all the positive feedback about Ben and the delivery service. For those of you who don't already know, Ben is my son.

### Management of long-term conditions

This has continued during the pandemic with asthma, chronic obstructive pulmonary disease, heart failure, diabetes and medicine reviews being done via the telephone. During the last three months routine blood tests and blood pressure measurements have not been done for patients whose conditions are stable. Ways in which we can safely re-introduce routine monitoring are being explored over the next week. Many patients at the Old School Surgery have sent in blood pressure readings using monitors which they already had or purchased during the pandemic. This is greatly appreciated.

### Ticks

It is tick season and tick bites are very common. Ticks are generally easy to remove yourself or you can ask a family member. There are instructions online if you're uncertain how to remove one. You can use tweezers if you don't have a tick removal tool. The risk from a tick bite is very small and you do not need antibiotics unless you develop symptoms of Lyme disease. The small red mark left by the tick bite disappears in a few days. For more information about Lyme disease please refer to the NHS website, Patient.info or [lymediseaseaction.org.uk](http://lymediseaseaction.org.uk).

### Horsefly and insect bites

Some people develop very red and swollen skin around a bite. This is an inflammatory response rather than infection and an antihistamine tablet, such as over the counter Piriteze (cetirizine), taken for seven days will help reduce this inflammatory response. You do not need antibiotics.

Best wishes, stay well and safe.

Dr Angela Paddon and the team at the Old School Surgery

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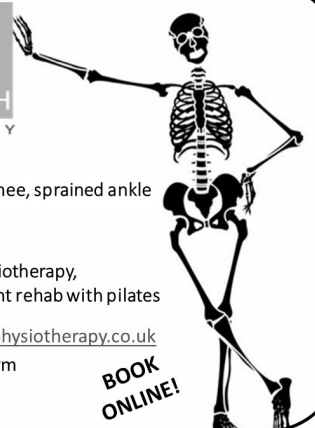
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## Dates for your diary

All events take place in the Coronation Hall unless otherwise specified. *St N* refers to St Nicholas' Church.

**JULY** All events cancelled until further notice

### East Grafton Coronation Hall - Closure

If you have any questions, please do not hesitate to get in contact with Natalie at [Hall@graftonparish.com](mailto:Hall@graftonparish.com)

See [www.graftonparish.com](http://www.graftonparish.com), call **07479 281809** or email [hall@graftonparish.com](mailto:hall@graftonparish.com) for Coronation Hall booking information and details of gazebo hire.

**Mobile library** at the Coronation Hall - Cancelled

### Latest planning applications

**20/04466/FUL** for 2 Green Close East Grafton SN8 3DE  
Proposal: Replacement garage

Please send your comments by: 16/07/2020

**20/04467/FUL** for 1 Green Close East Grafton SN8 3DE  
Proposal: Replacement garage

Please send your comments by: 17/07/2020

**20/04486/FUL** for Manor Farm Wilton SN8 3SP  
Proposal: Conversion of existing stable barn and garage block to holiday let accommodation

Please send your comments by: 30/07/2020

### SCAM warning from Citizen's Advice Bureau

Watch out for:

- ⇒ Sales of face masks/medical equipment that never arrive
- ⇒ Emails or texts pretending to be offering support from the government
- ⇒ People knocking at your door and asking for money for fake charities

Recommendation: Always be suspicious.

### Great Bedwyn CE School are back!

It was lovely to invite the remainder of the children back to school this week. Reception, Year 1, 6 and children of key workers have been back on regular days since the beginning of June but this week was the turn of the other year groups. Although we appreciate how hard everyone has been working at home we felt that all the children deserved some face-to-face school contact not just those year groups the government determined. To this end, although unable to offer full hours for everyone, we are pleased to be able to offer all year groups sessions in school. The school is once again abuzz with chatter and laughter. It is a pleasure to be open more fully again!

### Community Contacts

Church flowers/cleaning	Patricia Knowles 01672 810072
Community News	<a href="mailto:news@graftonparish.com">news@graftonparish.com</a>
Coronation Hall	07479 281809 <a href="mailto:hall@graftonparish.com">hall@graftonparish.com</a>
Junior Cricket	<a href="mailto:pdewinton@savills.com">pdewinton@savills.com</a>
Parish Council	<a href="mailto:clerk@graftonparish.com">clerk@graftonparish.com</a>
PCC Secretary	01672 870266
St Nicholas' services	<a href="http://www.graftonparish.com">www.graftonparish.com</a>
Winter Warmers	01264 731242 <a href="mailto:liz@wexcombefarm.co.uk">liz@wexcombefarm.co.uk</a>
Youth Activities	Text Annie 07802923344

### Local Clubs

Windmill Society	<a href="mailto:secretary@wiltonwindmill.co.uk">secretary@wiltonwindmill.co.uk</a>
Horticultural Society	01672 810364 Marijke Craig
Crofton Beam Engines	<a href="mailto:crofton@katrust.org.uk">crofton@katrust.org.uk</a>
Grafton Goslings Baby & Toddler Group	<a href="mailto:graftongoslings@yahoo.co.uk">graftongoslings@yahoo.co.uk</a>

Deadline for the next issue Friday 24 July

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