# COMMUNITY NEWS



#### Youth Activities - next event! Monday 25 October Go Karting at Thruxton

- 12.30pm Leave Coronation Hall
- 1.30pm Briefing at Thruxton, fitting helmets and racing overalls
- 2pm 3pm On the Track with timed heats
- Circa 4.30/5pm Arrive back

The cost is £20.00 There'll be bottled water, drinks and nibbles provided. There are also snack machines at Thruxton. **Book a place quickly**, there are only 10 spaces on the minibus and several are already reserved. To book either text Annie **07802 923344** 

or email **youthactivities@graftonparish.com.** Once booked you will need to complete the relevant waiver and consent forms.

For further information about Thruxton and Junior Sprint 2) Go Karting go to

www.thruxtonkarting.co.uk/Juniors/Sprint

#### Jabs - Flu and the Covid-19 booster

# Community Market & Brunch

### Saturday 27 November, 9.30am - 12.30pm

Coronation Hall is gearing up for the Festive season by planning its Community Market and Brunch event - our first event since 2019! Everyone is invited and it will be great to catch up with so many friends, family and neighbours, before the Christmas rush hits us, whilst enjoying delicious, freshly cooked breakfast rolls at the same time!

As usual, we will have many of our local crafters, creators, makers and artists offering their products for sale - so do come along and see what our amazing local entrepreneurs have to offer you.

If you would like to know more, or book a table to sell your products, do get in touch with Natalie by email at **hall@graftonparish.com** 

### **Our Doctor writes**



The Old School Surgery has already started the 2021-2022 **flu vaccination season**. This year it is even more important to have your flu vaccination because:

- more people are likely to get flu this winter as fewer people will have built up natural immunity to it during the COVID-19 pandemic
- if you get flu and COVID-19 at the same time, research shows you're more likely to be seriously ill
- getting vaccinated against flu and COVID-19 will provide protection for you and those around you for both these serious illnesses
- The flu vaccine is a safe and effective vaccine, with very few side effects. The only time it is not safe is if you have an egg allergy. This year you are eligible for a free jab if you:
- are 50 and over (including those who'll be 50 by 31 March 2022)
- have certain health conditions (asthma, COPD, diabetes, heart disease and heart failure, kidney failure, Parkinsons, multiple sclerosis, body mass index over 40, learning disabled)
- are pregnant
- are in long-stay residential care
- receive a carer's allowance, or are the main carer for an older or disabled person who may be at risk if you get sick
- live with someone who is more likely to get infections (such as someone who has HIV, has had a transplant or is having certain treatments for cancer, lupus or rheumatoid arthritis)

#### frontline health or social care workers

All children from 2 to 15 on 31st August 2021 and babies from 6 months if in a clinical risk group are also eligible.

#### Covid-19

The Covid booster vaccination programme has just been announced and the logistics of delivering this is being developed within our practice network. A single dose of the Pfizer vaccine is recommended to eligible people and you can only have your booster 6 months after your second vaccination. Eligible groups include:

- those living in residential care homes for older adults
- all adults aged 50 years or over
- frontline health and social care workers
- all those aged 16 to 49 years with underlying health conditions that put them at higher risk of severe COVID-19, and adult carers
- adult household contacts of immunosuppressed individuals.

The Old School Surgery and Burbage Surgery do not have the facilities to store the vaccination and because it cannot be exposed to vibration once thawed, it cannot be moved. Therefore, the plan is to deliver the vaccination to Ramsbury Surgery. Burbage Surgery will be responsible for vaccinating their patients at Ramsbury on Wednesday afternoon, The Old School Surgery will vaccinate patients on Thursday afternoon at Ramsbury and Ramsbury will vaccinate their patients on Friday. Clinics will start at the end of September and your surgery will contact you to make an appointment.

All young people aged 16 and 17 years have been offered a first dose of vaccine. And now all children aged 12 to 15 years are being offered a first dose of vaccine as part of the school-based COVID-19 vaccination programme. Children who are 12 years old and over on the day the School Age Immunisation Service (SAIS) team visits the school, will be offered a vaccination as part of the in-school vaccination programme. I encourage you to be vaccinated and to have your children vaccinated. Please read the gov.uk website to find out more information about the vaccines if you are unsure. Be well. Stay safe. Dr Angel Paddon and the team at The Old School Surgery, Great Bedwyn.

#### The Grafton Parish Rounders Challenge proved to be another great success

Another fun and well attended community event, it was lovely to see so many parishioners meeting up after so long.

Delicious pulled pork rolls, drinks and cakes were consumed with great gusto - they just about lasted the evening! Two welcome fire pits glowed with heat and kept everyone warm later in the evening, and the rain stayed away!

The 'knock out' matches were played with great enthusiasm by all ages, many dressed in their nominated village colours, and some had painted faces – the competitive spirit was definitely in evidence!

It was good to see people new to the parish come along, join in with the matches and muck in with the BBQ and help clear up at the end.

This event is organised by the Parish Council and an intrepid team of helpers, who again did an amazing job. A big thank you to the many parishioners who provided homemade cakes and to Bill at The Swan for cooking the pork and chopping all the onions!

Whilst aiming to "break even", and with even keener pricing this year, we are pleased to report that there was a surplus which is going towards the repair of St Nicholas' ceiling.

The Parish Council and the helper team are inspired to continue this event and can always use more help. If you would like to add your name to the list of those willing to give time to community events then please email **clerk@graftonparish.com**.



#### Work starts during October to repair St. Nicholas' Church ceiling

It is anticipated that the work will take approximately 3 weeks.

It is difficult to plan the exact dates and times for baton signing so do look out on all the hamlet WhatsApp groups and on village noticeboards for the latest news.

During October the church will be out of bounds so there will not be any services. During November normal activities will resume at 11am on the first Sunday and 6pm on the fourth Sunday of each month.

#### Remembrance service on 14 November at 10.45am

This very special service will be held around the War Memorial as in all previous years. Everyone is very welcome to attend.

#### **Our Vicar writes**

A few months ago, a parishioner gave me a list of 'helpful suggestions'. The list contained a number of very good ideas. It spoke of the need to put out a positive and hopeful message, not one that focussed on the doom and gloom that is so easy to see.

I could dismiss that list on grounds that it was unrealistic for a time challenged vicar. Stepping back, I tried to work out ways of making it happen that don't rely on me. Miraculously, answers to those suggestions have fallen at my feet. A philosophy of 'tortoise' gets a lot more done and avoids the feeling of 'busy' which is so harmful to well-being. The time spent is the same, but the reflective attitude creates a winner not constantly worn down with high speed collisions with people and the world. By rolling with the blows, we see the joy at our very feet. Fear, the real enemy, is dismissed. Fear of upsetting people, not reaching expectations, not finishing tasks, fear of monsters. It doesn't matter what the fear is or what it is of. Fear is negative and so can kill our spirits. I have just found a quote on Google by someone I had never heard of: "*Curiosity will conquer fear even more than bravery will." James F Byrnes.* 

Yesterday I buried a congenitally curious person. He did not fear death, rather he looked forward to it and he certainly was not stupid. He was always alive and always controlled his fear in situations that few of us ever have to face. The scripture reading was 'The New Heaven and The New Earth' at the beginning of the Book of Revelation. It is a piece of scripture that oozes hope. That is what he saw throughout his life, even into the hallucinations of his dementia. For a minister, funerals are a great privilege!

Returning to my first point, our spiritual purpose is to create God's Kingdom on Earth. You can give it another name (Eutopia?) if you wish, but the thing remains the same. We are facing much in the coming months. We have proven our resilience. Now we have to prove our joy. One great tool in this is to change our language and alter the way in which we look at our world. As I suggested last month, be open (ephphatha).

I must finish as I am not busy, but I have a lot to do. Fear not and be curious!

Every Blessing,

Michael

01672 870779 mtmch@hotmail.com

# <u>Timmy B Yoga</u>

Coronation Hall East Grafton <u>NEW CLASS!!!</u>

> Tuesday Evenings Flowing Vinyasa Yoga 7.00pm – 8.00pm



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### CONTACT LIST TO CUT OUT AND KEEP

#### Local commercial listing

Local commercial insting				
Bicycle repairs	Peter	07366 418484		
B&B Grafton	Victoria Frost	07557 791604		
Builder	Sam Sanchez	07887 991249		
Celebration Cakes	cakes@nattiesbakes	andbites.co.uk		
Computer issues	Stuart	07881 912477		
Disco and Karaoke	Pete Vallis	01672 811326		
Dog Grooming	Victoria	07786 868192		
Dog training/walking	Carrie Holborow	07546 941709		
Double glazing	David Willcocks	01672 811979		
Flowers	Gill Campbell	07833 670693		
Gardening	Sue Upham	01672 810526		
Grafton Garage	Tony Gilbert	07845 006890		
Homeopathy	Emma H-Byass	07540 773531		
Logs/tree surgeon	Jeremy Hawkins	07980 536156		
Painting & Decorating	Neil Anderson	01264 731362		
Personal trainer	Hen Mackinnon	07977 511959		
Pest Control	Julie Wilson	01672 811479		
Printing	Jane Goldstein	01672 515444		
Storage/lock up	David Lemon	01672 870266		
Sunflowers at Grafton	Julie McLernon	01672 810478		
Swan Inn	Bill Clemence	01672 870274		
Pinckneys Farm	Wendy	07989 228864		
Young entrepreneurs				
Baby sitting	Sophie	07557 915052		

# Baby sittingSophie07557 915052Dog walkingSebastian Horne07548 719030

#### Grafton Parish Council response teams

Parish food bank	Kevin Burke	07713 067113
East Grafton	Kevin Burke	07713 067113
Marten	Richard Pash	07795 636767
West Grafton	Annie Whitcher	07802 923344
Wexcombe	George Hosier	07786 332950
Wilton	David Lemon	07974 400224

#### For help and information

Link Scheme	0771 7006787		
Police emergency	999 or 112 - information 101		
Member of Parliament	Danny Kruger	01380 729358	
County Councillor	Stuart Wheeler	01672 810285	

#### **Community Contacts**

community contacts			
Liz Hosier 01264 731242			
01672 870779			
news@graftonparish.com			
07479 281809 hall@graftonparish.com			
pdewinton@savills.com			
clerk@graftonparish.com			
Millie Lemon 01672 870266			
www.savernaketeam.org.uk			
01264 731242 liz@wexcombefarm.co.uk			
Text Annie 07802923344			
Local Clubs			
secretary@wiltonwindmill.co.uk			
01672 810364 Marijke Craig			
crofton@katrust.org.uk			
graftongoslings@yahoo.co.uk			
07746 479345 Charlotte Price			
07769 580148 Tracey Rich			
07747 780898 Tim Brew			
01672 841553 Lizzy Hawnt			
07710 115324 Joanna Bury			

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#### **Dates for your diary**

All events take place in the Coronation Hall unless otherwise specified. St N refers to St Nicholas' Church.

ОСТОВ	BER		
03	11.00	Harvest Festival	
05	12.30	Winter Warmers Harvest Lunch	
11	18.00	Parish planning meeting Manor Barn	Wilton
20	11.40	Mobile library	
25	12.30	Youth Activities - Go Karting	
29	24.00	Closing date for Community News	
NOVEMBER			
02	12.30	Winter Warmers lunch	
07	11.00	Holy Communion if work completed	St N
08	19.30	Parish Council meeting	
14	10.45	Remembrance Service	St N
27		Community Market and Brunch	

#### 19 December carols by candlelight On East Grafton Green Postponed from 2020 Planned again for 2021 Mulled wine, sausage rolls, mince pies and all the carols you can remember! Starting times etc in the November issue. SAVE THE DATE PLEASE

**Community News Closing dates** Please note that our closing date is always the last Friday in each month. Issues are then distributed by volunteers either over the following weekend or within the next few days (thank you all). If you wish to publish an event, advert or comment then do please be aware of the calendar period covered by each issue.

# To book the hall contact: hall@graftonparish.com or 07479 281809.

Calendar of regular dates at the Coronation Hall

Monday (every week)	Dance	16.45
Tuesday (every week)	Zumba	09.30
Tuesday (every week)	Dance	16.15
Tuesday (every week)	Timmy B yoga	19.00
Wednesday (2)		09.30
Wednesday (2 classes each week)	Timmy B yoga	11.00
Wednesday (every week)	Dance	15.30
Thursday (weekly in term time)	Goslings toddler group	10.00
Thursday (every week)	Timmy B yoga	15.00
Thursday (every week)	Dance	16.45
Monday (first & third in month)	Alzheimer's Cafe	13.15
Tuesday (first in month)	Winter Warmers	12.30



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### Footsteps Podiatry Services 07881802386

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### Jason Lewis Carpenter Carpentry & Maintenance

All building work undertaken, painting, tiling, all types of locks, kitchens, home improvements, plastic doors & windows, general maintenance.

References available on request. 07990 512342 Jasonlewis08@aol.com

**Village WhatsApp groups** - Text or WhatsApp to join: East Grafton (Tamara 07711 824864), West Grafton (Annie 07802 923344), Marten (Richard Pash 07795 636767), Wexcombe (George 07786 332950), Wilton (Tara 07833 320951). New to What's App? We can help - just get in touch.

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